

Four Grams of Sugar or Less

Whether you're looking to lose or maintain your weight or prevent or manage diseases, it's always good to be sensible about sugar. Sugar has many other forms and names, including molasses, honey, high fructose corn syrup, sucrose, and more, so we've put together a list of foods that will help you reduce or monitor your intake. Every food on this list is what we consider to be sugar sensible, with four grams or less of (natural and added) sugar per serving.

The list of Dairy items starts below, Frozen Food items begin on page 4, and Grocery items on page 8

DAIRY

BREAD AND DOUGH

- **Bagels and Muffins**

 - **Gourmet Baker**

 - Crumpets

 - Plain Muffins

- **Biscuits And Dinner Rolls**

 - **Pillsbury**

 - Buttermilk Biscuits

 - Crescent Dinner Rolls – Original, Big 'n Buttery, Big 'n Flaky, Butter Flake, Garlic Butter, Reduced Fat, or Traditional

 - Golden Layers Biscuits – Butter Tastin', Buttermilk, or Honey Butter

 - Grands! Buttermilk Biscuits

 - Perfect Portions Biscuits – Buttermilk or Buttertastin'

 - **Publix**

 - Buttermerlot Biscuits

 - Hearty Layers Buttermilk Biscuits

 - Ready to Bake Crescent Rolls

 - Traditional Dinner Rolls

- **Breads**

 - **Pillsbury**

 - All Ready Pizza Crust

 - Breadsticks – original or Garlic & Herb

 - Crusty French Loaf

 - **Rudi's**

 - Colorado Cracked Bread

- **Desserts**

 - **Pillsbury**

 - Ready to Bake! Sugar Free Chocolate Chip Cookies

 - **Publix**

 - Pie Crusts

 - **Tamxico**

 - 100% Stone Ground Whole Wheat Tortillas

 - Wheat Low Carb Tortillas

 - White Corn Tortillas

 - White Wheat Tortillas With Calcium and Omega Three

BUTTER AND MARGARINE

- **Butter**

 - **Kerrygold**

 - Irish Butter – Herb Garlic, Pure, or Unsalted

- **Butter (Cont'd)**

 - **Land O Lakes**

 - Butter With Canola Oil – Light or Spreadable varieties

 - Honey Butter

 - Roasted Garlic Butter With Oil

 - Salted Sweet Cream Butter, Half Sticks

 - Sweet Cream Butter – Salted, Light Salted or Unsalted

 - Ultra Creamy Salted Butter

 - Whipped Butter – Salted, Light Salted, or Unsalted

 - **Lurpak**

 - Salted or Unsalted Butter

 - **Publix**

 - Butter Cream – Salted or Unsalted

 - Sweet Cream Butter Quarters – Salted or Unsalted

 - Whipped Butter – Salted or Unsalted

 - **Shedd's Spread**

 - Country Crock Spreadable Whipped Butter With Canola

Shopping lists were compiled from products that are available in Publix Super Market stores. These products may not be available in Publix GreenWise Market®, Publix Sabor® or Pix™ stores. Because the products listed were evaluated using manufacturer-provided nutritional information, and product formulations can change at any time, Publix cannot guarantee the accuracy of the nutrition information provided. Customers are encouraged to read the product labels to obtain the most accurate nutrition information. The information provided is intended to be nutrition and dietary guidance only and not medical advice.

- **Margarine**

- Blue Bonnet**

- Spread Quarters

- Brummel & Brown**

- Spread with Yogurt

- Fleischmann's**

- Margarine – Original Quarters, 31% Lower Fat Canola Corn Oil, or 100% Corn Oil

- I Can't Believe It's Not Butter**

- 37% Vegetable Oil Light
 - 40% Vegetable Oil Spread Light Quarters
 - 70% Vegetable Oil Spread Sweet Cream
 - Fat Free
 - Light
 - Soft Spread Vegetable Oil Spray

- Imperial**

- Vegetable Oil Spread Quarters

- Land O Lakes**

- Margarine – Quarters or Soft Fresh Buttery Taste Spread

- Parkay**

- 70% Vegetable Oil Spread Quarters
 - Soft Margarine
 - Squeeze Spread

- Promise**

- Buttery Spread

- Publix**

- 48% Vegetable Oil Homestyle
 - 65% Vegetable Oil Four Quarters Homestyle Spread Squeeze

- Shedd's Spread**

- Country Crock – Original, Churn Style, Light, Plus Calcium, Quarters, or Spreadable Butter Whipped with Canola Oil

CREAM AND CREAMERS

- **Aerosol Cream**

- Publix**

- Whipped Cream – Heavy or Real Light

- **Aerosol Cream (Cont'd)**

- Publix**

- Whipped Topping – Fat Free or Real Light

- Reddi Wip**

- Whipped Cream – Original Light, Heavy Extra Creamy, or Light Chocolate
 - Whipped Topping – Extra Creamy or Real

- **Coffee Cream**

- International Delight**

- Sugar-Free Coffee Creamer – French Vanilla or Hazelnut

- Publix**

- Coffee Cream
 - Coffee Creamer
 - Non Dairy Creamer – Original or Fat Free

- White Wave**

- Silk Creamer – Soy Milk or French Vanilla

- **Half 'N Half**

- Land O Lakes**

- Gourmet Fat Free

- Publix**

- Fat Free Half & Half
 - Half & Half

- **Whipping Cream**

- Publix**

- Heavy Whipping Cream
 - Whipping Cream

CREAM CHEESE / DIPS

- **Cream Cheese**

- Breakstone's**

- Temp Tee Whipped Cream Cheese

- Kraft**

- Philadelphia Cream Cheese – 1/3 Less Fat, Fat Free, Fat Free Soft, Light, Soft, Light Soft, or Whipped

- **Cream Cheese (Cont'd)**

- Kraft**

- Philadelphia Spread Cream Cheese – Chive & Onion, Garden Vegetable, Honey Nut Flavor, Light Chive & Onion, Light Garden Vegetable, Pineapple, Regular, Salmon, Strawberry, Whipped, Whipped Garlic 'N Herb, or Whipped With Chives

- Publix**

- Cream Cheese – Fat Free, Light, or Pasteurized
 - Neufchatel Cheese, 1/3 Less Fat Than Cream Cheese
 - Soft Cream Cheese – Regular, Fat Free, Light, Chive & Onion, Garden Vegetables, or Whipped Spread

- **Dips**

- Publix**

- Black Bean & Cheddar Dip
 - French Onion Dip
 - Guacamole Dip

CULTURED PRODUCTS

- **Cottage Cheese**

- Breakstone's**

- Small Curd – 4% Milkfat or Low Fat

- Publix**

- Fat Free
 - Large Curd
 - Low Fat
 - Small Curd – Regular, Fat Free, or Low Fat

- **Sour Cream**

- Breakstone's**

- Sour Cream – Regular, All Natural Grade A, Fat Free, or Reduced Fat

- Publix**

- Sour Cream – Regular, Fat Free, or Reduced Fat

- **Yogurt**

- Dannon**

- Carb Control Smoothie – Strawberry or Strawberry Banana 'n Cream
 - Light 'n Fit Carb Control – Cultured Dairy Snacks, Blueberries 'n Cream, Strawberries 'n Cream, or Vanilla Cream

DESSERTS

- **Gelatin**

- Jello**

- Sugar Free Gelatin Snacks Variety Packs – Cherry/Black Cherry, Lemon/Lime/Orange, Low Calorie Peach/Watermelon, Strawberry Kiwi/Tropical Berry, or Strawberry

- Publix**

- Sugar Free – Black Cherry & Cherry Flavored, Raspberry & Orange, or Strawberry

- **Puddings**

- Jello**

- Sugar Free Pudding Snacks – Chocolate, Chocolate Vanilla Swirls, Reduced Calorie Creamy Caramel, or Reduced Calorie Double Chocolate

- Publix**

- Sugar Free, Chocolate Vanilla Swirl Flavored

EGGS

- **Egg Substitutes**

- Egg Beaters**

- Egg Beaters – Regular, Cheese & Chives, Egg Whites, Garden Vegetable, Pasteurized Refrigerated, or Southwestern

- Publix**

- Eggstirs Real Egg Product , Fat, Cholesterol & Lactose Free

- **Fresh Eggs**

- 4 Grain**

- Large Eggs – All Natural, Brown Cage Free, Brown Omega 3, or Brown Vegetarian

- **Fresh Eggs (Cont'd)**

- Eggland's Best**

- Eggs – Large, Cage-Free Brown Large, or Extra Large

- Publix**

- Brown
 - Large
 - Extra Large
 - Grade A – Medium, Large, or Jumbo

- Publix GreenWise Market**

- Grade A Organic Brown

- The Country Hen**

- Organic Large Brown

MILK AND MILK PRODUCTS

- **Milk Substitutes**

- 8th Continent**

- Light Plain Soy

- Silk Soy**

- Unsweetened, Lactose Free, Cholesterol Free, Organic Soy

NATURAL CHEESE

- **Ricotta**

- Pollyo**

- Ricotta Cheese – Fat Free, Part Skim, Skim Milk, or Whole Milk

- Publix**

- Ricotta Cheese – Part Skim or Whole Milk

- Sorrento**

- Deli Style Ricotta Cheese – Fat Free, Part Skim Milk, or Whole Milk

PICKLES AND CONDIMENTS

- **Horseradish and Sauces**

- Seminole**

- Horseradish

- Silver Spring**

- Horseradish – Cranberry, Creamy, Fresh Ground, Pineapple Apricot, or Prepared

- **Pickles**

- Batampte**

- Sour Pickles

- Claussen**

- Kosher Dills – Halves, Mini, or Whole
 - Sandwich Slices – Bread 'N Butter, Hearty Garlic, or Kosher Dills
 - Whole Hearty Garlic
 - Spears Kosher Dills

SHELF-STABLE CHEESE

- **Grated Cheese**

- 4C**

- All Natural Homestyle No Preservatives 100% Imported Grated Cheese – Parmesan or Parmesan/Romano
 - Parmesan/Romano
 - Parmesan
 - Romano

- Colonna**

- Parmesan
 - Parmesan/Romano

- Kraft**

- 100% Parmesan
 - Macaroni & Cheese Topping
 - Parmesan
 - Parmesan & Romano
 - Reduced-Fat Parmesan
 - Romano

- Publix**

- 100% Parmesan
 - 100% Real Grated Italian Style
 - 100% Romano Parmesan

- **Shelf Stable Cheese**

- Kraft**

- #1 American Loaf
 - Cheese With Bacon
 - Cheez Whiz – Original, Dip Light, Spread Pasteurized Process Plain, or Salsa Con Queso Medium
 - Old English
 - Olive & Pimento
 - Pimento
 - Pineapple

- **Shelf Stable Cheese (Cont'd)**

Kraft

Roka Blue
Velveeta Cheese – Cheese Product, Product Made With 2% Milk, Spread Mild Mexican, Spread Plain, or Pepper Jack Loaf

Publix

Processed Cheese Spread

- **Garlic (Cont'd)**

Pepperidge Farm

Texas Toast – Five Cheese, Garlic, Mozzarella & Monterrey Jack, or Parmesan

Publix

3 Cheese Toast
Frozen Garlic Bread
Garlic Texas Toast

- **Egg Substitute**

Morningstar Farms

Scramblers Egg Substitute

- **Meatless**

Boca

Breakfast Patties

Morningstar Farms

Veggie Breakfast – Bacon Strips, Sausage Links, or Sausage Patties

- **Waffles**

Kellogg's

Eggo Waffles – Buttermilk, Homestyle, Homestyle Minis, Homestyle Lego Shaped, Limited Edition, Multi-Grain, or Low Fat Multi-Grain

FROZEN FOODS

BREADS

- **Bread**

Pillsbury

Microwave Buttermilk Biscuits
Garlic & Herb Breadsticks
Oven Baked Dinner Rolls – Butterflake, Crusty French, Crusty Wheat Low Fat, Garlic, or Soft White
Oven Baked Biscuits – Butter Tastin', Buttermilk, Cheddar Garlic, or Southern Style

Publix

Biscuits – Butter, Buttermilk Frozen Ready-to-Bake, or Southern Style
Parker House Yeast Rolls

- **Garlic**

Le Petite Francais

Baguette – Original, Original Mini, or Fat Free Whole Wheat

Mamma Bella

Garlic Homestyle Bread
Dinner Rolls

N.Y.

Garlic Sticks
Texas Toast – Five Cheese, Garlic, Garlic Lite, or Garlic with Cheese

Pepperidge Farm

Artisan – Demi-Baguette or Rosemary Olive Oil Loaves
Bread Seasoned with Garlic & Parsley
Cheese Bread, Five Cheese & Garlic

BREAKFAST

- **Breakfast**

Hot Pockets

Bacon, Egg & Cheese
Four Ham, Egg & Cheese
Sausage, Egg & Cheese

Jimmy Dean

Bacon Breakfast Bowl
Bacon Skillets
Muffins – Meal-Size Bacon, Egg & Cheese or Sausage, Egg & Cheese
Omelets – Ham & Cheese, Sausage & Cheese, or Three Cheese
Sausage Breakfast Bowl
Sausage, Egg & Cheese Bagels
Snack Size Sausage Croissants

Kraft

South Beach Diet Breakfast Wraps – All American, Denver Style, or Southwestern Style

Lean Pockets

Bacon, Egg & Low Fat Cheese Sausage, Egg & Cheese

Pillsbury

Toaster Scrambles – Cheese, Egg & Bacon or Cheese, Egg & Sausage

Rudy's Farm

Country Style Chicken Biscuits

Smucker's

Uncrustables Grilled Cheese Soft Bread Sandwiches

- **Breakfast Quiche**

Pour-A-Quiche

Three Cheese Quiche

CREAMER AND TOPPINGS

- **Toppings**

Cool Whip

Toppings – Chocolate, Free, Lite, Regular, or Sugar Free

Publix

Whipped Toppings – Original, Lite, Light, or Fat Free

DESSERT

- **Shells**

Mrs. Smith's

Deep Dish Pastry Pie

Pepperidge Farm

Puff Pastry Bake & Fill
Puff Pastry Sheets

Pillsbury

Pet-Ritz Pie Crusts – Regular or Deep Dish

Publix

Frozen Pie

DINNERS AND ENTREES

• Breaded Stick / Fillet

Publix

Battered Fish Fillets
Breaded Fish Sticks

• Dinners

Kraft

South Beach Diet – Asian
Inspired Beef Orange, Chicken
Alfredo with Roma, Caprese Style
Chicken with Broccoli Entrée,
Garlic Herb Chicken with Green
Beans Entrée, or Garlic Parmesan
Chicken with Penne

Marie Callender's

Complete Dinner – Country Fried
Chicken & Gravy, Country Fried
Pork Chop, or Herb Roasted
Chicken

• Entrees

Banquet

Banquet Meal – Chicken
Nugget, Fried Chicken, Meat
Loaf, Salisbury Steak, Swedish
Meatballs, or Turkey

Healthy Choice

Chicken Fettuccine Alfredo
Familiar Favorites
Simple Selections – Grilled
Chicken & Mashed Potatoes,
Roasted Turkey, Salisbury Steak
& Red Skin Mashed Potatoes, or
Slow Roasted Turkey Breast &
Mashed Potatoes

Kashi

All Natural Chicken Entrée
– Lemon Rosemary or Southwest
Style

Michael Angelo's

Eggplant Parmesan
Italian Cuisine Chicken Alfredo
With Fettuccine
Vegetable Lasagna

Michelina's

Authentico – Fettuccine Alfredo,
Fettuccine Alfredo With Chicken
& Broccoli, Penne With Chicken,
or Pepper Steak & Rice

• Entrees (Cont'd)

Michelina's

Lasagna Alfredo
Macaroni & Cheese
Salisbury Steak & Gravy With
Mashed Potatoes

• Family

El Monterrey

Chicken & Cheese Taquitos

Marie Callender's

Chicken Pot Pies
Old Fashioned Family Meals,
Beef & Vegetables

Michael Angelo's

Chicken Alfredo with Fettuccine
Eggplant Parmesan With Tomato
Sauce & Mozzarella

On•Cor

Chicken Parmigiana With Tomato
Sauce
Salisbury Steak & Gravy

• Meatless

Boca

Meatless Burgers – All American
Flame Grilled, Crumbles, Italian
Sausage, Original Chick'n Patties,
Vegan Original, or With Grilled
Vegetables

Gardenburger

Meatless Meatballs
Original Low Fat

Morningstar

Garden Veggie Patties
Meal Starters – Veggie Chik'n
Strips or Veggie Steak Strips
Original Chicken Tenders
Veggie Burgers – Frillers Prime,
Spicy Black Bean, or Tomato &
Basil Pizza
Veggie Chik'n Nuggets
Veggie Dogs – Original or Corn
Dogs
Veggie Grillers – Original Burgers
or Recipe Crumbles
Veggie Nuggets – Broccoli
Cheddar or Spinach Artichoke

• Meatless (Cont'd)

Morningstar

Veggie Patties – Breaded
Parmesan Ranch Chicken Patties,
Chicken Patties, or Buffalo Wings

• Mexican

El Monterey

Beef & Bean Burritos
Cruncheros Taquitos – Chicken &
Cheese or Southwest Chicken
Mexican Beef Bean Chimichanga
Quesadillas – 3-Cheese Grilled
Chicken, Chicken and Cheese, or
Grilled Shredded Steak

Jose Ole

Burrito – Beef or Chicken
Chimichanga

Patio

Beef & Bean Burrito with Red
Chili

• Organic

Amy's

Mexican Casserole Bowls,
Gluten-Free
Organic Burrito – Beans &
Cheddar Cheese, Black Bean, or
Non Dairy Beans & Rice
Organic Enchilada – Black Bean
Vegetable or Cheese
Organic Whole Meals Enchilada
with Spanish Rice & Beans

Edamame

Seaside Farms Blanched
Soybeans – In Pods or Shelled

Food For Life

7 Sprouted Grains Bread
Ezekiel 4:9 Sesame Bread
Ezekiel 4:9 Sprouted Grain
Bread, Certified Organic

• Pasta

Publix

Italian Style Hearty Beef Ravioli
Three Cheese Filling Ravioli
Cheese
Three Cheese Filling Ravioli
Tortellini

- **Pot Pies**

- Banquet**

- Regular Pot Pie Turkey Meat

- Marie Callender's**

- Pot Pie – Beef or Chicken
Creamy Chicken Pot Pie
– Mushroom or Parmesan

- **Prepackaged Shell Fish**

- Publix**

- Breaded Shrimp – Jumbo
Butterfly or Popcorn

- Sea Pak Shrimp Co.**

- Shrimp – Breaded Butterfly,
Breaded Popcorn, Crispy Light,
Coconut, Jumbo Butterfly Oven
Crunchy, Parmesan Scampy With
Tails Removed, Popcorn Oven
Crunchy, or Scampy

- **Skillet Meals**

- Bertolli**

- Complete Skillet Dinner For Two
– Chicken Florentine & Farfalle;
Shrimp Scampi & Linguine;
Shrimp, Asparagus & Penne; or
Spinach & Ricotta Cheese Ravioli

- Gourmet**

- Garlic Chicken Dining Skillet
Meal

FRUITS

- **Fruits**

- Publix**

- Grade A Fancy Rhubarb

ICE CREAM AND NOVELTIES

- **Cream Based Novelties**

- Klondike**

- Slim-A-Bear No Sugar Added
Reduced Fat & Calorie Ice Cream
Sandwich

- Popsicle**

- Sugar Free Creamsicle

- Publix**

- No Sugar Added Ice Cream
– Bars, Sandwiches, or Squares

- **Fudge Based Novelties**

- Healthy Choice**

- Premium Fudge Bars

- Publix**

- Fudge Pops, No Sugar Added

- **Juice Novelties**

- Edy's**

- No Sugar Added Fruit Bars,
Strawberry Tangerine Raspberry

- **Ice Cream – Premium**

- Breyers**

- Ice Cream Carb Smart – Rocky
Road or Vanilla

- **Ice Cream – Reduced Fat**

- Breyer's**

- No Sugar Added Light Sugar Ice
Cream – Vanilla or French Vanilla
No Sugar Added Ice Cream,
Vanilla-Chocolate-Strawberry
No Sugar Added Sugar Smart
Butter Pecan

- Edy's**

- No Sugar Added Ice Cream
– Chocolate Caramel Swirl,
Coffee, Mint Chocolate Chip,
Neapolitan, Reduced Fat Vanilla,
or Vanilla Bean
No Sugar Added Light Fudge
Tracks
Reduced Fat No Sugar Added
Grand Ice Cream – Butter Pecan
or Triple Chocolate
Slow Churned No Sugar Added
Vanilla Chocolate Swirl

- **Water Novelties**

- Popsicle**

- Sugar Free Popsicle/Fudgsicle/
Creamsicle Healthy Bunch Bars

- Sugar Free Ice Pops – Low
Calorie Assorted Flavors or
Tropical

- Sugar Free Lifesavers Pops

- Publix**

- Sugar Free Junior Pops
– Assorted, Cherry, Grape, or
Orange

PIZZA AND SNACKS

- **Healthy**

- Amy's**

- Amy's Pizza – Mushroom & Olive,
Pesto, or Tomatoes & Spinach

- **Premium**

- California Pizza Kitchen**

- Crispy Thin Crust Pizza – Garlic
Chicken, Margherita, Sicilian
Recipe, or White

- DiGiorno**

- Microwave Thin Crispy Crust
Pizza – Four Cheese or Supreme

- Publix**

- Premium Self Rising Crust Pizza
– Four Cheese, Pepperoni, or
Supreme

- **Regular**

- Kraft**

- South Beach Diet Harvest Wheat
Crust Pizza – Four Cheese,
Grilled Chicken & Vegetable, or
Pepperoni

- Publix**

- Crispy Crust Pizza – Cheese,
Deluxe, or Pepperoni

- Tombstone**

- Brick Oven Style Pepperoni
Thin Crust Four Meat Combo

- Totinos**

- Mega Pizza Rolls – Combo or
Pepperoni
Party Pizza Crisp Crust
– Combination Sausage &
Pepperoni, Pepperoni, Sausage,
Supreme, The Original Classic
Pepperoni, Three Cheese, or
Three Meat

- **Snacks**

- Farm Rich**

- Cheese Sticks – Mozzarella or
Breaded Mozzarella

- Publix**

- Breaded Mozzarella Cheese
Sticks, Includes Marinara Dipping
Sauce

- Pizza Snack Rolls – Cheese,
Pepperoni, or Sausage &
Pepperoni

- **Snacks (Cont'd)**

- Totino's**

- Pizza Rolls – Pepperoni & Cheese, Sausage & Pepperoni, Supreme, or Three Cheese

POTATOES

- **Baked Potatoes**

- Mrs. T's**

- Mini Pierogies Potato & Cheddar Pierogies – Potato & 4-Cheese Blend; Potato & Cheddar; Potato & Onion; or Potato, Sour Cream & Chive

- **Hash Browns**

- Golden Potato**

- Potato Pancakes

- Publix**

- Hash Brown Potatoes

- **Onions**

- Alexia**

- Onion Rings with Sea Salt

- **Potatoes**

- Alexia**

- All Natural Oven Fries Olive Oil, Rosemary & Garlic
Parmesan / Garlic

- Publix**

- French Fried Potatoes – Crinkle Cut, Fast Food, Seasoned, Shoestring, or Straight Cut
Steak Fries
Tater Bites

VEGETABLES

- **Broccoli**

- Green Giant**

- Broccoli and 3 Cheese Sauce
Broccoli and Zesty Cheese Sauce
Broccoli Spears
Broccoli with Cheese Sauce
Simply Steamed – Garden Vegetable Medley or Seasoned Vegetables
Vegetable Medley in Butter Sauce
Red Potatoes with Garlic and Herbs

- **Broccoli (Cont'd)**

- Green Giant**

- Broccoli Florets
Green Giant Select Just For One Frozen, Broccoli & Cheese Vegetables

- Publix**

- Broccoli – Chopped, Cuts, or Spears

- **Brussel Sprouts**

- Green Giant**

- Baby Brussel Sprouts in Butter Sauce

- Publix**

- Brussel Sprouts

- **Cauliflower**

- Green Giant**

- Cauliflower & Cheese Vegetables

- Publix**

- Cauliflower

- **Corn**

- Green Giant**

- Extra Sweet Nibblers Corn on the Cob
Shoepog White Corn in Butter Sauce
Select Whole Green Beans
Simply Steam No Sauce Shoepog White Corn
White Shoepog Polybag Corn

- **Green Beans**

- Green Giant**

- Green Bean Casserole
Simply Steam No Sauce Green Beans and Almonds

- Publix**

- Cut Green Beans
Cut French Green Beans

- **International**

- Publix**

- Vegetable Blends – Alpine, Italian, Japanese, or Oriental

- **Lima Beans**

- Green Giant**

- Baby Lima Beans in Butter Sauce
Simply Steam No Sauce Baby

- **Lima Beans (Cont'd)**

- Publix**

- Baby
Fordhook

- **Mixed Vegetables**

- Green Giant**

- Polybag Steam Mixed Vegetables
Simply Steam No Sauce Corn Niblets
Teriyaki

- Publix**

- Mixed Vegetables
Vegetables Blend – California, Del Oro, or Roma

- **Pasta Vegetable Mix**

- Green Giant**

- Create A Meal! Stir Fry – Szechuan or Teriyaki
Pasta Accents, Broccoli, Carrots & Cheese Sauce
Seasoned Vegetables – Broccoli & Carrots with Garlic & Herbs or Garden Vegetable Medley
Vegetable Medley in Tuscan Herb Sauce

- **Peas**

- Green Giant**

- Select Peas – Baby Sweet Le Sueur or Sugar Snap
Simple Steam No Sauce – Baby Sweet Peas, Sugar Snap Peas, or Sweet Peas And Pearl Onions

- La Choy**

- Snow Pea Pods

- Publix**

- Green Peas

- **Southern Vegetable**

- Publix**

- Blackeye Peas
Butter Beans
Butter Peas
Cut Okra
Diced Green Peppers Grade A Fancy
Chopped Collard
Chopped Turnip with Diced Turnip

- **Southern Vegetable (Cont'd)**

- Publix**

- Field Peas with Snaps
 - Sliced Yellow Squash
 - Speckled Butter Beans
 - Succotash
 - Vegetable Gumbo Mix
 - Vegetable Soup with Tomatoes
 - Whole Baby Okra

- **Spinach**

- Green Giant**

- Frozen Vegetables – Creamed Spinach, Spinach, or Cut Leaf Spinach in Butter Sauce

- Publix**

- Chopped
 - Cut Leaf
 - Spinach Leaf

- **Veg'n Sauce**

- Green Giant**

- Broccoli Carrot Cauliflower And Cheese Sauce
 - Roasted Potatoes Garlic & Vegetables

- **Meal and Baking Powders**

- Bob's Redmill**

- Meal Flaxseed

- **Misc. Desserts**

- Dream Whip**

- Whipped Topping Mix

- **Muffins / Breads**

- Betty Crocker**

- Bisquick Complete Biscuit Mix – Buttermilk or Cheese Garlic

- Martha White**

- Cornbread Mix – Buttermilk or Cotton County Buttermilk

- **Pancake Mixes**

- Aunt Jemima**

- Whole Wheat Pancake Mix

- Bisquick**

- Baking & Pancake Mix with Buttermilk – Original or Reduced Fat

- **Pie Crust**

- Betty Crocker**

- Pie Crust Mix

- Martha White**

- Pizza Crust Mix

- **Puddings**

- Hunt's**

- No Sugar Added Pudding Snack Pack – Chocolate or Vanilla

- Jello**

- Fat Free, Sugar Free White Chocolate Instant Pudding
 - Sugar Free Cook & Serve – Chocolate or Vanilla
 - Sugar Free Instant Pudding – Chocolate or Vanilla
 - Sugar Free Instant Banana
 - Sugar Free Instant Pudding & Pie Filling – Butterscotch, Chocolate, Chocolate Fudge, Fat Free Lemon, Pistachio, or Vanilla

- Minute**

- Tapioca Quick Cooking For Pudding & Pies

- Royal**

- Sugar Free Pudding & Pie Filling – Chocolate or Vanilla

BEVERAGES AND ADDITIVES

- **Coffee Creamers**

- Farmland Dairies**

- Special Request Grade A Half And Half

- Publix**

- Non Dairy Coffee Creamer
 - Non Dairy Lite Coffee Creamer

- **Milk**

- Edensoy**

- Unsweetened Soy

- Goya**

- Coconut

- Pet**

- Evaporated Milk, Vitamin D Added

- Publix**

- Evaporated

- Silk Soy**

- Organic Unsweetened

- WestSoy**

- Vanilla

BREAD

- **Bread Sticks**

- Alessi**

- Breadsticks – Garlic, Grissini
 - Torinese Rosemary, Sesame or Thin

- **Buns / Rolls / Biscuits**

- Arnold**

- Dutch-Style Potato Hot Dog Rolls
 - Sesame Sandwich Rolls

- Natures Own**

- Honey Wheat Buns

- Pepperidge Farm**

- 100% Whole Wheat Hamburger Buns
 - Frankfurter Sliced Rolls
 - Hamburger Rolls
 - Sandwich Rolls with Sesame Seeds

GROCERY

BAKING PRODUCTS

- **Gelatin**

- Jello**

- Sugar Free Gelatin Dessert – Cherry, Cranberry, Lemon, Lime, Mixed Fruit, Orange, Raspberry, Strawberry, Strawberry Banana, or Strawberry Kiwi

- Hunt's**

- Sugar Free Cherry Gel Pack Snacks

- Knox**

- Unflavored Gelatin

- Royal**

- Sugar Free Gelatin Dessert – Cherry, Lime, Orange, Raspberry, Strawberry, or Strawberry Banana

- **Buns / Rolls / Biscuits (Cont'd)**

Publix

Sliced Enriched Buns, Hamburger or Hot Dog
Sliced Enriched Hot Dog Rolls

Sunbeam

Hot Dog Bun

- **English Muffins**

Pepperidge Farms

Cinnamon Bread Swirl
Cinnamon Whole Grain Bread Swirl With Raisins

Publix

English Muffins – Original or Sourdough
Premium Recipe English Muffins – Original, Honey Wheat, or Sourdough

Thomas'

100% Whole Wheat Pre-sliced Mini Bagels
English Muffins – Original Plain, Honey Wheat, Light Multigrain, Original Whole Grain, or Wheat
New York Style Bagels

Weight Watchers

Bagels
English Muffins

- **Hard Breads**

Kavli

Crispbread – 5 Grain, Whole Grain Crispy Thin, or Whole Grain Hearty Thick

Margaret's

Artisan Flat Bread, Roasted Garlic & Chives

Ryvita

Crisp Bread – Tasty Dark Rye or Toasted Sesame Rye
Plain Hardbread

Wasa

Crisp'n Light Crackerbread
Hearty Rye Crackerbread
Multi Grain Hardbread
Oats Hardbread

- **Hard Breads (Cont'd)**

Wasa

Original Rye Crispbread – Fiber, Light, or Sourdough
Sesame Crispbread

- **Loaf Bread**

Arnold

7 Grain
12 Grain
Country White
Dutch Country – 100% Whole Wheat Stone Ground, Original Recipe Soft Potato, or Original Recipe White Butter Split Top
Health Nut
Pumpnickel
Real Jewish Rye – Melba Thin, Rye with Caraway Seeds, or Rye Without Seeds
Whole Grain Classics – 100% Whole Wheat, Double Fiber
100% Whole Wheat, Healthy Multigrain, or Oatnut

Nature's Own

100% Whole Wheat
Butterbread
Honey 7 Grain
Honey Wheat
Light Honey Wheat
Light Wheat
Low Carb Wheat
Sugar Free 100% Whole Grain Wheat
Wheat 'N Fiber
Whitewheat

Pepperidge Farm

Classic Dark Pumpnickel
Deli Swirl Rye & Pump
Distinctive White Sandwich
Farmhouse Bread – 12 Grain, Harvest Grain Hearty Slices, Hearty White Slices, Soft Oatmeal with Honey, Sourdough, or Sweet Buttermilk
Light Style – 7 Grain, Oatmeal, or Wheat
Natural Whole Grain – German Dark Wheat, Nine Grain, or Whole Wheat

- **Loaf Bread (Cont'd)**

Pepperidge Farm

Very Thin Sliced – Wheat or White
Whole Grain – 100% Whole Wheat, 15 Grain, Oatmeal, or Soft Honey Whole Wheat

Publix

Enriched White
Premium Recipe – Blended Grain, Butter Crust White, Giant, Honey Wheat, Light Natural Grain, Light Wheat, Oat Bran 'N Honey, Old Fashioned White, 100% Whole Wheat Stone Ground, or Wheat

Sunbeam

Old Fashion

Weight Watchers

Wheat

- **Specialty Breads**

Boboli

Italian Pizza Crust – Original, Thin, or 100% Whole Wheat Thin

- **Tortillas**

La Banderita

Flat Tortillas – Plain, Corn, or Wheat
Flour Tortillas
Low Carb Flour Tortillas – Garlic, Onion, Soft Taco, or Wheat
Wheat Tortilla

Mission

Tortilla – Flour Pressed or Soft Taco
Tortilla Wraps – Garden Spinach Herb, or Sundried Tomato Basil

BREAKFAST FOODS

- **Hot Cereal**

Jim Dandy

Quick Grits

Kretschmer

Wheat Germ – Original Toasted or Honey Crunch

McCann

Irish Oatmeal

- **Hot Cereal (Cont'd)**

Nabisco

Cream of Rice
Cream of Wheat
Original Instant Cream of Wheat

Publix

Regular Instant Oatmeal
Oats – Quick or Old Fashioned

Publix GreenWise Market

Organic Old Fashioned Oats

Quaker

Instant Grits – Original, Cheese Lovers, or Real Butter
Instant Oatmeal, Regular
Oat Bran
Oatmeal – Old Fashioned, Instant, or Quick 1 Minute
Quick Grits
Weight Control Instant Oatmeal, Maple & Brown Sugar
Weight Management Instant Oatmeal – Banana Bread or Cinnamon

- **Cereal**

Cascadian Farm

Multigrain Squares Organic Cereal
Purely O's Organic Cereal

General Mills

Cheerios
Chex Corn
Chex Rice
Fiber One
Fiber One Honey Clusters
Kix Crispy Corn Puffs
Reduced Sugar Cinnamon Toast Crunch
Wheaties

Kellogg's

Allbran Extra Fiber
Crispix
Corn Flakes
Product 19
Rice Krispies
Special K – Regular, Fat Free, or Low Carb

- **Cereal (Cont'd)**

Kraft

South Beach Diet Whole Grain with Almonds

Post

Healthy Classics Shredded – Original Wheat or Wheat 'N Bran

Publix

Corn Flakes
Crisp Rice
Crispy Corn & Rice
Toasted Grain Corn Flakes
Toasted Oats
Wheat & Barley Nutty Nuggets

Publix GreenWise Market

All Natural Flax Flakes
Organic Toasted Oats

Quaker

Puffed Cereal Essentials – Rice or Wheat

Wheatabix

Wheat

CANNED AND DRIED FRUITS

- **Citrus Specialty / Miscellaneous Fruit**

Publix

Maraschino Cherries
Maraschino Cherries with Stems

- **Dry Mixed**

Planters

Planters Nut & Chocolate Trail Mix

CANNED VEGETABLES

- **Asparagus**

Del Monte

Cuts & Tips, Fresh Cut
Extra Long Fresh Cut Spears
Salad Tips
Specialties Spears Slender Whole

Green Giant

Le Sueur Spears Extra Large
Simply Steam No Sauce
Spears Extra Long

- **Asparagus (Cont'd)**

Green Giant

Tender Green Cut
Green Cut Tender Spears

- **Beets**

Aunt Nellie's

Red Cabbage
Sliced Harvard Ruby Red Sweet & Sour
Whole Ruby Red Pickled

- **Canned Pasta**

Chef Boyardee

Beef Ravioli
Beef Ravioli in Tomato Sauce and Meat Sauce
Cheesy Burger Macaroni
Microwave Macaroni & Cheese
Microwave Rice with Chicken and Vegetables

Dinty Moore

American Classics Salisbury Steak
Beef Stew in Microwave Container
Chicken Breast Gravy
Microwavable Beef Stew
Microwave Chicken & Dumplings
Scalloped Potatoes with Ham

Hormel

Chili with Beans
Micro Bowl Chili No Beans
Microwavable Bowls – Chicken & Noodles, Roast Beef & Gravy with Mashed Potatoes, Chicken & Dumplings, Chicken & Rice, or Turkey & Dressing with Gravy
Pot Roast with Potatoes and Carrots Gravy

Kid's Kitchen

Cheezy Mac 'N Franks
Microwavable Meals – Mac 'N Cheese or Noodle Rings & Chicken

- **Carrots**

Publix

Sweet Sliced

- **Corn**

Bush West

White Hominy

- **Corn (Cont'd)**

- Del Monte**

- Summer Crisp, No Salt Added
 - Summer Crisp Fresh Cut Whole Kernel

- Publix**

- Whole Kernel Sweet, 50% Less Salt

- Green Giant**

- Mexicorn Corn, Red & Green Bell Peppers
 - White Shoepeg
 - Whole Kernel Sweet – 50% Less Sodium, Niblets, or Niblets No Salt Added

- **Dried Beans**

- Bush**

- Bush's Best Beans – Black, Black in Seasoned Sauce, Butter Large, Chili, Great Northern, Navy, Pinto, Red Dark Kidney, Red Light Kidney, Fresh Blackeye Peas, Cannellini Beans, Chick Peas (Garbanzos), or Light Red Kidney Beans
 - Traditional Chili Magic

- Del Monte**

- Green Lima

- Eden**

- Garbanzo
 - Organic Fat Free – Black, Kidney, or Pinto
 - Organic Rice And – Cajun Red, Caribbean Black, Kidney, or Pinto

- Garcia's**

- Ready To Serve Fully Seasoned Black

- Goya**

- Goya Beans – Black, Pink, Pinto, Red Kidney, or Small Red
 - Heat and Serve Black Bean Soup
 - Chick Peas
 - Green Pigeon Peas

- Joan of Arc**

- Spicy Chilli
 - Kidney Red – Light or Dark

- **Dried Beans (Cont'd)**

- Goya**

- Margaret Holmes**

- Peas with Snaps
 - White Acre Peas

- Progresso**

- Black
 - Cannellini White Kidney
 - Chick Peas
 - Red Kidney

- Publix**

- Black Beans
 - Black (Frijoles Negros)
 - Blackeye Peas
 - Chick Peas
 - Chili Spicy
 - Garbanzo
 - Great Northern
 - Small Green Lima
 - Red Kidney Grade A Fancy – Light or Dark
 - Pinto
 - Red

- Publix GreenWise Market**

- Organic – Black, Garbanzo, Kidney, Pinto, or Soy

- **Green Beans**

- Del Monte**

- Blue Lake – Cut, French Style, or Whole
 - Cut
 - Fresh Cut Blue Lake – Regular or No Salt Added
 - Fresh Cut Blue Lake French Style – Regular or No Salt Added
 - Fresh Cut Green Beans & Potatoes with Ham Style Flavor
 - Fresh Cut Mixed Vegetables with Potatoes
 - Fresh Cut Whole New Potatoes
 - Golden Cut Wax Beans
 - Golden Wax
 - Green Beans & Potatoes
 - Italian Cut
 - Quality Specialties – Fresh Cut Green & Wax Beans or Dill Green Beans Lightly Seasoned
 - Seasoned Beans

- **Green Beans (Cont'd)**

- Green Giant**

- Cut
 - French Style
 - Kitchen Sliced

- Publix**

- Green Beans – Cut, French Cut, French Style, Italian Cut, or No Salt
 - Veggigreen – Cut, French, or Whole

- Publix GreenWise Market**

- Organic Cut

- **Greens**

- Del Monte**

- Whole Leaf Fresh Cut Spinach
 - Whole Leaf Spinach
 - Zucchini with Italian Style Tomato Sauce

- Publix**

- Leaf Spinach

- **Kraut**

- Bush's Best**

- Bavarian Kraut

- Eden**

- Organic Barrel Sauerkraut

- Gundelsheim**

- Barrel Sauerkraut

- **Mushrooms / Artichoke**

- Dawn Fresh**

- Mushroom Ready to Serve Steak Sauce by Giorgio

- Green Giant**

- Mushroom Pieces & Stems – Sliced or Whole

- Penn Dutch**

- No Salt Stems & Pieces
 - Mushrooms
 - Mushroom Pieces & Stems
 - Pennsylvania Dutchman
 - Portabella Mushrooms, Chunky Style

- Progresso**

- Artichoke Hearts

• **Mushrooms / Artichoke (Cont'd)**

Publix

- Sliced Mushrooms
- Stems & Pieces Mushrooms
- Whole Mushrooms

Reese

- Marinated Artichokes
- Quartered Artichoke Hearts

• **Peas**

Del Monte

- Peas & Carrots

Green Giant

- Sweet Peas

Le Sueur

- 50% Less Sodium Early Peas
- Early Peas

Publix

- Green Peas Sweet, Grade A Fancy
- Sweet Green Peas
- Sweet Small Peas

• **Potatoes, Canned**

Bruce's

- Yam Glaze

Del Monte

- Fresh Cut Potatoes – Diced or Whole

Publix

- White Potatoes – Sliced or Whole

• **Salad & Mixed**

Del Monte

- Fresh Cut Mixed Vegetables
- Mixed Vegetables

Margaret Holmes

- Tomatoes Okra And Corn

Publix

- Mixed Vegetables

• **Tomatoes**

Del Monte

- Diced – Fresh Cut, No Salt Added Fresh Cut, Petite Cut, or Zesty Seasoned with Mild Green Chilies
- Petite Cut
- Petite Cut Tomatoes with Jalapeño Peppers

• **Tomatoes (Cont'd)**

Hunt's

- All Natural Whole Peeled
- Diced
- Diced Choice Cut, Italian Style Herbs
- Diced in Sun-Rich Tomato Juice Petite
- Petite in Sun-Rich Tomato Juice Organic – Diced; Diced with Basil, Garlic & Oregano; or Whole

Margaret Holmes

- Southern Style Blend Tomatoes and Okra

Pomi

- Pomi Chopped

Progresso

- Crushed Recipe Ready
- Diced
- Italian Style Whole Peeled Tomatoes With Basil

Publix

- Diced, Diced with Green Chilies, or Diced with Roasted Garlic & Onion
- Crushed
- Peeled – Diced or Whole
- Grade A Fancy Petite Diced

Rotel

- Diced Tomatoes & Chile Peppers, Extra Hot
- Diced Tomatoes & Green Chilies
- Diced Tomatoes & Green Chilies, Milder
- Diced Tomatoes Mexican Festival With Lime Juice & Cilantro

Tuttorossa

- Crushed

• **Tomato / Sauce / Pasta / Puree**

Contadina

- Tomato Paste
- Italian Seasonings Tomato Paste
- Tomato Sauce

Del Monte

- Tomato Sauce

• **Tomato / Sauce / Pasta / Puree (Cont'd)**

Goya

- Spanish Style Tomato Sauce (Salsa de Tomato)

Hunt's

- Tomato Paste – All Natural or Italian Style
- Tomato Sauce – Regular, All Natural, Italian Style Herbs, No Salt Added, or Roasted Garlic

Muir Glen

- Organic Diced Premium Fire Roasted Tomatoes

Progresso

- Tomato Puree

Publix

- Grade A Fancy Tomato Sauce
- Tomato Paste
- Tomato Puree
- Tomato Sauce

Publix GreenWise Market

- Organic Crushed Tomatoes in Organic Tomato Puree
- Organic Diced Tomatoes in Organic Tomato Juice
- Organic Tomato Paste
- Organic Tomato Sauce

CONDIMENTS

• **BBQ**

Colgin

- Hickory Liquid Smoke

Stubb's

- Bar-B-Q Sauce – Original, Mild, Moppin', or Spicy

• **Catsups**

Heinz

- Organic Certified Tomato Ketchup
- One Carb Tomato Ketchup

Hunts

- Ketchup – No Salt, Tomato, Perfect Squeeze, or Squeezable

Publix

- All Natural Tomato Ketchup

- **Catsups (Cont'd)**

- Publix GreenWise Market**

- Organic Tomato Ketchup

- **Cooking Wine**

- Publix**

- Cooking Wine (Vino Seco Para Cocinar)

- **Mustards**

- Coleman's**

- Hot English

- Grey Poupon**

- Country Dijon

- Dijon Mustard

- Squeeze Mustard – Deli, Made with Wine, or Mild & Creamy Dijon

- Gulden**

- Spicy Brown, Spicy Brown Squeeze

- Hellman's**

- Honey

- Dijonnaise Squeezable

- Inglehoffer**

- Dijon

- Wasabi Horseradish

- Mr. Mustard**

- Original

- Publix**

- Squeeze Honey

- Classic Yellow Recipe

- Spicy Squeeze Brown Bold Flavor

- Mustard With Horseradish, Deli Style

- **Olives**

- Italica**

- Sliced Hot! Jalapenos

- Organics Olives – Giant Green or Green Manzanilla

- Spanish Olives, Sliced Manzanilla or Queen Olives Minced Pimiento Stuffed

- Nucete**

- Manzanilla with Minced Pimiento – Salad Pitted or Stuffed

- **Olives (Cont'd)**

- Publix**

- Manzanilla Thrown Spanish, Stuffed With Minced Pimiento

- Ripe Pitted – Small, Large, or Colossal

- Spanish Olives Stuffed with Minced Pimiento – Queen Placed or Queen Thrown

- Spanish Salad With Minced Pimiento

- **Pickles**

- B&G**

- Roasted Peppers

- Sliced Hot Jalapeño Peppers

- Sliced Garlic Oregano Peppers

- Sweet Peppers

- Cross & Blackwell**

- Mild Capers Petite

- Fragata**

- Capers

- Gundelsheim**

- Barrel Pickles

- Mt. Olive**

- Banana Pepper Rings – Mild or Hot

- Dill Relish

- Fresh Kosher Dill Spears

- Hamburger Dill Chips

- Hot Sauce Flavored Kosher Baby Dills

- Imported Pepperoncini

- Jalapeño Peppers, Diced

- Jalapeño Slices

- Kosher Dills – Baby, Halves, Mini, Hot N Spicy, Petite, Strips, or Whole

- No Sugar Added Sweet Gherkins

- No Sugar Bread & Butter Chips

- Old Fashioned Sweet Bread & Butter Strips

- Vitamin Enhanced Kosher Dill Hamburger Chips

- No Sugar Added Bread & Butter Chips

- Sandwich Stuffers – Bread & Butter, Kosher Dill, or No Sugar Added Bread & Butter

- **Pickles (Cont'd)**

- Mt. Olive**

- Snack Crunchers Petite Kosher

- Dills – Regular or Hot Sauce Flavored Fresh

- Hot Dog Squeeze Relish

- Salad Sweet Cubes

- Sweet Relish – Regular, No Sugar Added, or Squeeze Bottle

- Nance's**

- Relish Corn

- Publix**

- Mild Banana Pepper Rings

- Bread & Butter Sandwich Slices

- Hamburger Dill Chips

- Kosher Dills – Regular, Baby, Sandwich Slices, or Spears

- Talk of Texas**

- Okra – Mild or Hot

- **Specialty Condiments**

- Allego**

- Original Marinade

- Goya**

- Sofrito

- Pirates Gold**

- Marinade

- Reese**

- Prepared Horseradish

- **Specialty Sauces**

- A.1.**

- Steakhouse Marinade – Classic, Garlic & Herb, Jamaican Jerk, New York, or Teriyaki

- Cholula**

- Mexican Hot Sauce

- Crystal**

- Louisiana's Pure Hot Sauce

- Original Wing Sauce

- Durkee**

- Famous Sauce

- Frank's**

- Red Hot Sauce

- Golden**

- Scampi

- **Specialty Sauces (Cont'd)**

Hellman's

Tartar

HormelHomestyle Mary Kitchen 50%
Reduced Fat Corned Beef Hash**K.C. Masterpiece**Marinade – Garlic & Herb or
Lemon Pepper**Ken's**Steak House Buffalo Wing Sauce
Steak House Marinade – Herb
& Garlic, Lemon & Pepper, or
Teriyaki**Kikkoman**

Soy Sauce Dispenser Lite

Kitchen Bouquet

Browning & Seasoning Sauce

KraftHorseradish
Sandwich Spread
Tartar**Lawry's**30 Minute Marinade – Baja
Chipotle With Lime Juice,
Caribbean Jerk, Chicken Meat
& Fish Teriyaki With Pineapple,
Havana Garlic & Lime With Lime
Juice, Herb & Garlic, Italian
Garlic Steak With Roasted Garlic
& Olive Oil, Lemon Pepper,
Louisiana Red Pepper With
Lemon Juice, Mesquite With
Lime Juice, Steak & Chop With
Garlic & Cracked Black Pepper,
Tequila Lime With Lime Juice, or
Teriyaki With Pineapple Juice**Louisiana**

Original Hot

Trappey's

McIlhenny Bull Brand Hot

Nance'sChicken Wing Sauce – Mild or
Hot**Pick A Peppa**

Hot

- **Specialty Sauces (Cont'd)**

ReeseHam Glaze
Hollandaise**Stubb's**Marinade – Beef, Chicken, or
Pork
Original Wicked Chicken Wing**Tabasco**

Spicy Worcestershire

Texas Pete

Hot Sauce

Tryme

Tiger Sauce

- **Steak Sauce**

A.1.Bold
Roasted Garlic
Original
Sauce for Seasoning & Cooking**Braswell's**

Vidalia Onion

Goya

Mojo Criollo Marinade

Johnny's

Au Jus Concentrated French Dip

Lea & PerrinsWhite Wine Worcestershire
Sauce**Publix**Steak Sauce
Marinade Mojo**Shula's**

Steak Sauce Special

COOKIES / CRACKERS

- **Cookies**

ArchwaySugar Free Cookies – Chocolate
Chip, Oatmeal, Rocky Road, or
Peanut Butter**Milk Lunch**

New England Biscuits

- **Cookies (Cont'd)**

MurraySugar Free Cookies – Double
Fudge, Chocolate Chip,
Chocolate Chip & Pecan, Fudge
Dipped Grahams, Fudge Dipped
Mint, Fudge Dipped Shortbread,
Gingersnap, Oatmeal, Peanut
Butter, Shortbread, or Pecan
ShortbreadSugar Free Sandwich Cookies
– Chocolate, Cremes, or Lemon**Pepperidge Farm**Sugar Free Milano Distinctive
Cookies**Voortman**Peanut Butter Sugar Wafers,
Sugar Free
Shortbread Cookies
Sugar Free Cookies – Chocolate
Chip, Oatmeal, or Shortbread
Swirl
Sugar Free Iced Almonette
Sugar Free Vanilla Wafers**Walkers**

Shortbread Fingers

- **Crackers**

AK Mak

Sesame Crackers

AustinPeanut Butter Crackers – Cheese,
On Cheese, On Toasty, or Toasty**Blue Diamond**Natural Nutthings Snacks – Nute
& Rice Almond or Nute & Rice
Pecan**Breton**Crackers – Regular, Low Salt, or
Sesame Snack**Cabaret**

Cabaret

Carr'sPoppy & Sesame
Rosemary
Table Water
Baked Table Water Crackers
– Roasted Garlic & Herbs or
Toasted Sesame Seeds

• Crackers (Cont'd)**Carr's**

Table Water Crackers with
Cracked Pepper
Whole Wheat

Cheezit

Baked Snack Crackers – Big,
Reduced Fat, Assortment Party
Mix, Cheddar Jack, Cheesy Sour
Cream & Onion, Hot & Spicy,
Parmesan & Garlic, Shrek Mild
Cheddar, or White Cheddar

Dare

Vinta

Kashi

Honey Sesame
Ranch
TLC Tasty Little Crackers
– Country Cheddar or Original 7
Grain

Keebler

Club Crackers – Original,
Reduced Fat, Snack Sticks,
Honey Wheat Snack Sticks, or
The Light Crispy Snack! Butter
Snack Sticks
Toasteds – Buttercrisp, Sesame,
Wheat, or Organic Harvest
Wheat
Town House Crackers – Original,
Bistro Corn Bread, Bistro
Multigrain, Reduced Fat, or
Wheat Light Buttery Flavor
Garlic & Herb Toppers
Wheatables – Honey Wheat,
Original Wheat, or Original
Wheat Reduced Fat
Zesta Original Saltine

Lance

Captain Wafers
Cheese on Cheese
Cheese on Wheat
Peanut Butter on Toastchee
Peanut Butter on Toasty

Pepperidge Farm

Distinctive Crackers – Butter
Thins, Hearty Wheat, or Quartet
Assortment

• Crackers (Cont'd)**Pepperidge Farm**

Goldfish 100 Calorie Pouches
– Cheddar or Xtra Flavor Blasted
Goldfish Crackers – Cheddar
Cheese, 30% Less Sodium, Baby
Cheddar, Colors Cheddar, Flavor
Blasted Nothin' But, Flavor
Blasted Xplosive Pizza, Flavor
Blasted Xtra Cheddar, Individual
Snack Pouches, Original,
Parmesan, Pizza, Pretzels, or
Whole Grain
Snack Sticks Sesame
On The Go Goldfish

Publix

Cheddar Cheesy's Baked
Cuban
Rich & Crisp
Saltines
Soup & Oyster
Unsalted Tops
Wheat Original
Woven Wheats Whole Wheat
Crackers – Original, Baked, or
Reduced Fat

Ry Krisp

Seasoned

Sunshine

Bitesized Crackers – Cheddar
Crunch or Four Cheese
Krispy Original
Right Bites Baked Snack
Single Serve Cheezit Snack Pack
Tray
Snack Crackers – Regular, Baked,
Hot & Spicy, Reduced Fat, or
White Cheddar

DRY PASTA**• Macaroni****Alma's**

Bowties
Cut Ziti
Fusilli
Penne Rigate
Rigatoni

• Macaroni (Cont'd)**Mueller's**

Multi Grain Penne Rigate, Made
With Whole Grains
Multi Grain Rotini, Made With
Whole Grains
Pasta – Bowties, Corkscrews,
Elbow Macaroni, Jumbo Shells,
Penne Rigate, Ready Cut, Sea
Shells, Tri Color Twists, or Ziti

Publix

Alphabets Pasta
Bowties Pasta
Elbow Macaroni
Fettuccini
Mostaccioli Rigate
Rigatoni
Rotini
Pasta Shells – Small or Medium
Tricolor Rotini
Ziti
Orzo Pasta

Ronzoni

Bow Ties
Elbows
Extra Fancy Jumbo Shells
Extra Fancy Manicotti
Healthy Harvest Whole Wheat
Blend – Penne Rigate or Rotini
Mostaccioli Rigati
Orzo
Pastina
Penne Rigati
Rigatoni
Rotelle
Rotini
Tortellini – Three Cheese or
Ricotta & Spinach
Tortellini Tricolor Filled Pasta,
Cheese & Garlic
Ziti Rigati
Ziti

• Noodles**Light N Fluffy**

Egg Noodles – Wide or Extra
Wide

- **Noodles (Cont'd)**

Mueller's

Egg Noodles – Fine, Medium, Wide, or Extra Wide
Pasta Lasagne

Spaetzle

Panni Spaetzle Dumpling Mix

Publix

Lasagne
Egg Noodles – Medium, Fine, or Wide
Extra Wide Pasta Ribbons

Ronzoni

Curly Edge Lasagna
Healthy Harvest Whole Wheat Blend – Wide or Extra Wide
Oven Ready Lasagna

- **Noodle Entrees**

Banquet

Homestyle Bakes – Cheese Ham & Hash Browns, Country Chicken Mashed Potatoes & Biscuits, or Creamy Chicken & Biscuits

Betty Crocker

Chicken Helper – Chicken Fried Rice or Fettuccine Alfredo
Complete Meals – Beef Stroganoff Sauce with Ribbon Pasta or Chicken Fettuccine Alfredo
Hamburger Helper – Beef Pasta, Cheddar Cheese Melt, Cheeseburger Macaroni, Crunchy Taco, Double Cheese Quesadilla, Philly Cheesesteak, Potato Stroganoff, Salisbury, Stroganoff, Supreme Four Cheese Lasagna, or Three Cheese
Tuna Helper – Creamy Broccoli, Creamy Noodles, Creamy Parmesan, Fettuccine Alfredo, or Tuna Melt

Kraft

Classic Ranch Pasta Salad with Bacon

Lipton

Asian Sides Thai Sesame Noodles

- **Noodle Entrees (Cont'd)**

Lipton

Italian Sides – Creamy Garlic Shells, Four Cheese Bow Tie, or Tomato Parmesan
Pasta Sides – Alfredo, Alfredo & Broccoli, Butter & Herb, Chicken, Chicken Broccoli, Creamy Chicken, Parmesan, Stroganoff, Whole Grains! Alfredo, or Whole Grains! Chicken

Pasta Roni

Angel Hair Pasta – Butter And Garlic Sauce, Herbs, or Parmesan Cheese
Fettuccine Alfredo
Garlic & Olive Oil with Vermicelli
Nature's Way Creamy Parmesano Flavor
Shells & White Cheddar
Sour Cream & Chive
World Flavors Butter Herb Italiano

Publix

Creamy Garlic Shell Pasta & Sauce
Fettuccine Pasta & Sauce – Alfredo, Alfredo Broccoli, or Butter & Herb

Thai Kitchen

Garlic Vegetable Noodle Soup

- **Packaged Pasta**

Bionaturae

Gluten Free Fusilli

Gia Russa

Mini Gnocchi

Tinkyada

Brown Rice – Elbows, Penne, or Spirals

- **Pasta Dry Dinners**

Kraft

Deluxe Macaroni & Cheese Dinner – Original or Four Cheese
Velveeta Shells & Cheese Dinner

Publix

Cheesy Deluxe Macaroni Dinner, Made with Real Cheddar Cheese
Macaroni & Cheese Dinner

- **Spaghetti**

Alma's

Regular
Thin
Angel Hair Pasta
Elbow Macaroni
Linguine

Gia Russa

Whole Wheat Macaroni Product – Angel Hair, Linguine, Penne Rigate, Roman Rigatoni, Rotini, or Thin Spaghetti
Whole Wheat Spaghetti

Hodgson Mill

Whole Wheat Spaghetti

Mueller's

Multi Grain Spaghetti, Made With Whole Grains
Pasta – Angel Hair, Fettuccine, Linguine, Spaghetti, Thin Spaghetti, or Vermicelli

Publix

Angel Hair
Linguine
Spaghetti – Regular or Thin
Vermicelli

Ronzoni

Angel Hair
Fettuccine Florentine
Healthy Harvest Whole Wheat Blend Pasta – Spaghetti Style or Thin Spaghetti
Linguine
Spaghetti
Thin Spaghetti

JUICES

- **Blends**

Crystal Light

Classic Orange Sunrise
Sweetened with Splenda
Sweetened with Splenda – Lemonade or Raspberry Ice
Sugar Free – Lemon Tea, Lemonade, Orange Sunrise
Classic, Pink Lemonade, or Raspberry Ice

- **Blends (Cont'd)**

- **Ocean Spray**

- Cranberry Spray Diet Juice

- **V8**

- Juice Blend Diet Berry Splash

- **Boxed Juices / Juice Drinks**

- **Kool-Aid**

- Jammers Juice Drink Pouches, Only 10 Calories

- **Minute Maid**

- Just 10 Flavored Fruit Drink

- **Citrus**

- **Nellie & Joe**

- Juice Lime

- **Publix**

- Lemon Juice

- Natural Strength Lemon Juice from Concentrate

- **Powdered Drinks**

- **Crystal Light**

- Sunrise On The Go Vitamin C Sugar Free Classic Drink Mix

- Sunrise Vitamin C Drink Mix – Tangerine Strawberry or Sugar Free Ruby Red Grapefruit

- Sugar Free Iced Tea Mix On The Go – Regular or Peach

- Sugar Free Iced Tea Mix – Regular, Peach, or Raspberry

- Soft Drink Mix, Fruit Punch

- Sugar Free Soft Drink Mix On The Go – Fruit Punch, Lemonade, Raspberry Ice, or Raspberry Lemonade

- Soft Drink Mix Sugar Free – Lemonade, Pineapple Orange, Pink Lemonade, Raspberry Ice, Raspberry Lemonade, Strawberry Kiwi, Strawberry Orange Banana, or Sunrise Vitamin C Classic Orange

- **Kool-Aid**

- Unsweetened Kool-Aid – Cherry, Grape, Lemonade, or Tropical Punch

- **Lipton**

- Sugar Free 0 Calories Green Tea To Go Iced Tea Mix, Natural Mandarin & Mango Flavor

- **Powdered Drinks (Cont'd)**

- **Lipton**

- Sugar Free Green Tea To Go Natural Cherry Blossom Flavor

- Sugar Free 0 Calories Iced Tea To Go Iced Tea Mix, Natural Lemon Flavor

- Sugar Free Iced Tea To Go Natural Peach Flavor

- **Wyler's**

- Sugar Free Lite – Cool Raspberry, Lemonade, or Pink Lemonade

- **Vegetable**

- **Campbell's**

- Organic Tomato Juice From Concentrate

MEAT AND SEAFOOD

- **Hash / Chili / Stew**

- **Castleberry**

- BBQ Beef, Pork

- Chili with Beans

- Beef Stew

- **Hormel**

- Chili No Beans

- Preservative-Free Dinty Moore Beef Stew

- Mary Kitchen Homestyle Hash

- – Corned Beef or Roast Beef

- Mary Kitchen Corned Beef Hash, Reduced Fat

- Roast Beef with Gravy

- **Meat**

- **Hormel**

- Corned Beef

- **Libby's**

- Vienna Sausage in Chicken Broth

- Vienna Sausage Chicken in Chicken Broth

- **Spam**

- Luncheon Meat

- 25% Less Sodium Luncheon Meat

- Lite Luncheon Meat

- Oven Roasted Turkey Luncheon Meat

- **Pate / Spreads**

- **Hormel**

- 98% Fat Free Chunk Ham

- Chunk Lean Ham, Water Added

- **Underwood**

- Chicken Spread

- Deviled Ham

- **Poultry**

- **Hormel**

- 95% Fat Free Chunk Turkey

- Chunk Breast of Chicken – 98% Fat Free or No Salt

- Premium Chunk 98% Fat Free Breast of Chicken in Water With Rib Meat

- Preservative-Free Dinty Moore Chicken & Dumplings

- **Swanson**

- Chicken A La King Main Dish

- Premium Chunk White Chicken in Water

- **Sweet Sue**

- 98% Fat Free Premium Chicken Breast

- Chicken & Dumplings

- Premium Chicken Breast in Water, No Drain Package

- **Sardines**

- **Brunswick**

- Easy Open Sardines – In Oil or In Spring Water

- Fish Steaks – In Louisiana Hot Sauce, In Soybean Oil, or In Spring Water

- Sardines in Mustard

- Sardines in Soybean Oil With Hot Tabasco Peppers

- **Bumble Bee**

- King Oscar Kipper Snacks

- **Connors Brunswick**

- Kippered Snack Kippered Herring Filets

- **King Oscar**

- Brisling Sardines – In Spring Water or Mediterranean Style

- Finest Norway Brisling Sardines in Olive Oil, Lightly Smoked

- **Sardines (Cont'd)**

- **King Oscar**

- Cross Pack Sardines
 - Sardines In Mustard
 - Skinless & Boneless Sardines
 - Spirit Of Norway Sardines in Norway Sardine Oil

- **Reese**

- Skinless/Boneless Sardines In Olive Oil

- **Vigo**

- Sardines in Tomato Sauce

- **Salmon**

- **Bumble Bee**

- Atlantic Premium Salmon Fillet
 - Red Salmon Alaska Sockeye
 - Pink Alaska Salmon
 - Skinless & Boneless Pink Salmon
 - Smoked Salmon Fillets In Oil

- **Chicken Of The Sea**

- Ahi Tuna Steak in a Grilled Herb Marinade
 - Jack Mackerel In Water
 - Pink Salmon in Spring Water Skinless & Boneless
 - Premium Skinless & Boneless Pink Salmon Pouch

- **Shrimp / Clams / Oysters / Caviar / Anchovies**

- **Borden**

- Doxsee Clams – Chopped or Minced

- **Chicken Of The Sea**

- Premium Crab
 - Smoked Oysters

- **Snow's**

- Doxsee Clam Juice

- **King Oscar**

- Filets of Anchovies in Olive Oil – Flat or Rolled

- **Bumble Bee**

- Orleans Medium Deveined Shrimp
 - Orleans Tiny Cocktail Shrimp Select
 - Orleans Crab Fancy Meat – Lump or White

- **Sardines (Cont'd)**

- **Romanoff**

- Caviar Red Lumpfish

- **Vigo**

- Flat Anchovies

- **Tuna**

- **Brunkswick**

- Seafood Snacks in Lemon and Cracked Pepper

- **Bumble Bee**

- Chunk White Tuna In Water – Diet Low Salt or Dolphin Safe
 - Chunk Light Tuna – In Vegetable Oil, In Water, or Dolphin Safe In Water
 - Chunk White Albacore in Water
 - Premium Chunk Light Tuna in Water
 - Prime Fillet Albacore Steak – Lightly Marinated, With Lemon & Cracked Pepper, or With Mesquite Grilled Flavor
 - Prime Fillet Pink Salmon Steak, Lemon & Dill
 - Sensations Tuna Medley With Crackers – Lemon & Pepper Seasoned or Sundried Tomato & Basil
 - Solid White Albacore Gourmet Wild Tuna in Water Prime Fillet – Prime Fillet in Water or Tuna In Water
 - Solid White Tuna – In Vegetable Oil or In Water

- **Chicken of the Sea**

- Smoked Salmon Pouch
 - Chunk Light Tuna in Water
 - Pink Salmon Traditional Style
 - Solid White Tuna – In Water or In Fancy Albacore In Spring Water
 - Tonno Solid White Tuna in Water
 - Solid White Albacore in Water

OILS AND SHORTENINGS

- **Canola Oil**

- **Crisco**

- Pure Canola Oil
 - Puritan
 - Puritan No Cholesterol

- **Wesson**

- Pure Canola Oil

- **Cooking Spray**

- **Crisco**

- Flour Spray
 - Butter Flavor
 - 100% Extra Virgin Oil No Stick Spray, Alcohol Free
 - Nonstick Spray with Pillsbury Flour, Alcohol Free

- **Pam**

- For The Grill Cooking Spray
 - No Stick Cooking Spray – Original, Butter Flavor, No Cholesterol, or Olive Oil

- **Publix**

- Cooking Spray – Original Canola, Butter Flavored, or Olive Oil

- **Corn Oil**

- **Wesson**

- Pure Wesson Oil Corn

- **Shortening / Lard**

- **Crisco**

- All Vegetable Shortening – Regular or Butter Flavor
 - Shortening Sticks – All Vegetable or Butter Flavor

- **Specialty Oils**

- **Crisco**

- Natural Blend

- **Hollywood**

- 100% Pure Safflower

- **Wesson**

- Best Blend

- **Vegetable**

- **Crisco**

- Pure Vegetable

- **Publix**

- 100% Pure Vegetable

- **Vegetable (Cont'd)**

- Wesson**

- Pure Vegetable
 - Pure 100% Natural Vegetable
 - Vegetable
 - 100% Pure Vegetable

PASTA SAUCE

- **Dry Mix Sauces**

- Knorr**

- Alfredo Sauce Mix
 - Classic Sauces Mix – Bearnaise or Hollandaise
 - Creamy Pesto Sauce Mix

- Lawry's**

- Spaghetti Sauce Mix

- **Pasta Sauce**

- Alessi**

- Sun Dried Tomato

- Bertolli**

- Creamy Alfredo

- Emeril's**

- Kicked Up Tomato
 - Puttanesca
 - Roasted – Garlic or Red Pepper
 - Vodka Sauce

- Flora**

- Artichoke
 - Tomato

- Gia Russa**

- Select Pasta Sauce – Alla Vodka, Hot Sicilian, Marinara, or Tomato & Basil

- L.E. Roselli**

- Meat
 - Pizza Sauce
 - Tomato

- Progresso**

- Lobster Pasta Sauce

- Ragu**

- Cheese Creations! – Double Cheddar or Roasted Garlic Parmesan
 - Classic Alfredo

- **Pasta Sauce (Cont'd)**

- Rao's**

- Tomato Sauce

- Timpone's**

- Mom's Spaghetti Sauce

- **Pizza / Clam Sauces**

- Boboli**

- Tomato Pizza Sauce

- Cento**

- Red Clam Sauce

- Flora**

- Artichoke
 - Tomato Pizza Sauce

- Progresso**

- Clam Spaghetti Sauce – Red or White
 - White Clam Sauce

- Ragu**

- Traditional Pizza Quick Sauce
 - Natural Pizza Sauce

RICE / STUFFING / BREADING

- **Crumbs / Breadings**

- 4C**

- Bread Crumbs – Plain or Seasoned

- Chicken Recipe**

- Extra Crispy Oven Fry

- Golden Dip**

- Batter Mix Breadings – Beer, Fish & Chip, Fish Fry, or Tempura

- Ian's**

- Panko Bread Crumbs – Original Style or Whole Wheat

- Kent**

- Seasoned Kernal Breading

- Kraft**

- Shake 'N Bake Seasoned Coating Mix – Boneless Skinless Chicken Herb & Garlic, Chicken Nuggets, Hot & Spicy Chicken or Pork, Italian Herb, Original Chicken, Original Pork, Parmesan Crusted, or Ranch & Herb

- **Crumbs / Breadings (Cont'd)**

- Louisiana**

- Fish Fry Mix Seasoning

- Oven Fry**

- Extra Crispy Pork Recipe
 - Fish Fry Seasoned Coating

- Progresso**

- Bread Crumbs – Plain or Italian Style

- **Dry Beans**

- Goya**

- Black Beans

- Publix**

- Baby Lima Beans
 - Bilingual Beans – Great Northern, Lentils, Light Red Kidney, or Pinto
 - Black Beans
 - Black (Frijoles Negros)
 - Blackeye Beans
 - Blackeye Peas
 - Garbanzo Beans
 - Great Northern Beans
 - Green Split Beans
 - Large Lima Beans
 - Lentils
 - Light Red Kidney Beans
 - Navy Beans
 - Pinto Beans
 - Small Red Beans

- Quaker**

- Scotch Brand Quick Barley

- **Gravy**

- Campbell's**

- Beef
 - Chicken
 - Country Style – Cream or Sausage
 - Mushroom

- Franco-American**

- Slow Roast Gravy – Beef, Chicken, or Turkey

- **Instant Potatoes**

- Betty Crocker**

- 100% Real Potatoes – Au Gratin or Scalloped
 - Au Gratin Potatoes

- **Instant Potatoes (Cont'd)**

Betty Crocker

Cheddar Classics, Three Cheese Potatoes
Hash Brown Potatoes
Julienne Potatoes
Mashed Potatoes – 100% Russet, Butter & Herb, Homestyle Creamy Butter, Roasted Garlic, or Roasted Garlic & Cheddar
Specialty with Sour Cream and Chives

Idahoan

Mashed Potatoes – Instant, Baby Reds, Butter & Herb, Buttery Homestyle, Four Cheese, Loaded Baked, Premium, or Roasted Garlic
Side Dish Potato – Cheesy Au Gratin or Creamy Scalloped

Panni

Potato Dumpling Mix
Potato Pancake Mix

Pillsbury

Hungry Jack Instant Mashed Potatoes

Publix

Au Gratin Potatoes
Mashed Potatoes – Garlic or Homestyle
Scalloped Potatoes

- **Rice**

Jasmati

Long Grain Rice
Indian Style Rice

Minute Rice

Instant Rice – Premium Long Grain, White, or Whole Grain Brown

Publix

Boil In Bag Rice
Enriched Rice – Long Grain or Extra Long Grain
Instant Rice – Brown or White
Long Grain – Brown or Enriched
Precooked Boil In Bag Enriched Long Grain Rice

- **Rice (Cont'd)**

Rice Select

100% Organic Whole Wheat Couscous
Rice Sushi

Rico

Enriched Medium Grain Rice
Medium Grain Rice

Risotto

Risotto Rice

Texmati

Brown
Long Grain
Organic
Organic Brown

Uncle Ben's

Boil In Bag
Brown
Brown Fast Cooking Whole Grain
Converted Long Grain
Enriched Parboiled Long Grain
Converted Original

- **Rice Side Dishes**

Campbell's

Supper Bakes – Cheesy Chicken With Pasta, Herb Chicken With Rice, Lemon Chicken With Herb Rice, Southwestern Style Chicken With Rice, or Traditional Roast Chicken With Stuffing

Lipton

Chicken Fried Rice Asian Sides
Cajun Sides – Chicken Fried Rice, Dirty Rice, Garlic Butter Rice, or Red Beans & Rice
Fiesta Sides – Mexican Rice, Spanish Rice, or Taco Rice
Rice Sides – Beef, Cheddar Broccoli, Chicken, Chicken Broccoli, Creamy Chicken, Mushroom, Rice Pilaf, or Whole Grains! Chicken Broccoli

Near East

Couscous – Herbed Chicken, Original, Parmesan Mix, Roasted Garlic & Olive Oil, Toasted Pine Nut Mix, Whole Wheat Whole Grain Roasted Blends, or Wild Mushroom & Herb

- **Rice Side Dishes (Cont'd)**

Near East

Plain Original Blends Whole Wheat Whole Grain Couscous
Rice Pilaf – Original Mix, Garlic & Herb, Roasted Chicken & Garlic, or Toasted Almond
Taboule Wheat Salad Mix

Publix

Flavored Rice – Beef, Broccoli & Cheese, Chicken, or Spanish

Rice A Roni

Cheese Pleasers Creamy 4 Cheese
Express Heat & Serve – Asian Fried or Garlic & Herb Long Grain & Wild Rice
Nature's Way Italian Cheese & Herb
Rice – Beef Flavored, Broccoli Au Gratin, Chicken Flavored, Chicken & Broccoli, Chicken Teriyaki, Friend, Herb & Butter, Long Grain & Wild Rice, Pilaf, or Spanish
Savory Whole Grains – Chicken & Herb or Roasted Garlic

Uncle Ben's

Country Inn Rice – Broccoli Au Gratin, Homestyle Chicken & Vegetables, Mexican Fiesta, or Wild Rice & Chicken
Natural Whole Grain Brown Rice
Ready Rice Microwave In The Pouch! – Original Long Grain or Roasted Chicken Flavored
Ready Rice Microwaveable – Buttery, Chicken Whole Grain Brown, Garden Vegetable With Real Vegetables, Long Grain & Wild, Original Long Grain, Rice Pilaf, Roasted Chicken, Spanish Style, Teriyaki Flavored, or Whole Grain Brown

Zatarain's

New Orleans Style Ready To Serve! – Red Beans & Rice or Yellow
New Orleans Style Rice – Rice Pilaf, Spanish, or Yellow

- **Rice Side Dishes (Cont'd)**

- Zatarain's**

- New Orleans Style Rice Mix – Black Beans And Rice, Caribbean, Jambalaya With Cheese, or Red Beans And Rice

- **Specialty Rice**

- Alessi**

- Risotto Arborio Rice A La Milanese, Milanese Style with Saffron

- Near East**

- Brown Rice Pilaf
 - Whole Grain Blends, Roasted Pecan & Garlic

- Publix**

- Long Grain And Wild Rice
 - Yellow Rice
 - Yellow Rice Dinner with Saffron Spanish Flavor (Arroz Amarillo)

- Uncle Ben's**

- Brown & Wild Rice, Mushroom Recipe
 - Long Grain & Wild Rice – Butter & Herb, Fast Cook Recipe, Original Recipe with 23 Herbs & Seasonings, Roasted Garlic, or Vegetable & Herb varieties

- **Stuffing Mix**

- Kraft Stove Top**

- Cornbread Mix
 - Herb Stuffing Mix
 - Lower Sodium Stuffing Mix For Chicken
 - Stuffing Mix For Chicken
 - Stuffing Mix For Turkey
 - Stuffing Mix, Pork Flavor

- Pepperidge Farm**

- Corn Bread Stuffing
 - Herb Seasoned Cubed Stuffing
 - Herb Seasoned Stuffing

- Stove Top**

- Chicken Stuffing Flexible Servings
 - Homestyle Herb Stuffing

SALAD DRESSING

- **Dry Mix**

- Good Seasons**

- Salad Dressing Mix – Italian, Herb & Garlic, or Zesty Italian

- Hidden Valley Ranch**

- Original Dressing
 - Party Dip Mix

- **Dry Toppings**

- Betty Crocker**

- Bacos Bits
 - Imitation Bacon Bacos Bits

- Cardini's**

- Croutons – Caesar or Italian

- Hidden Valley Ranch**

- Italian Parmesan Salad Crispins

- Hormel**

- Real Bacon – Bits, Pieces, or Pouch
 - Real Crumbled Bacon – Maple or Peppered

- Oscar Mayer**

- Bacon Bits
 - Real Bacon Pieces

- Pepperidge Farm**

- Home Style Croutons – Classic Caesar or Zesty Italian
 - Seasoned Croutons
 - Whole Grain Seasoned Croutons

- T. Marzetti**

- Restaurant Quality Croutons – Caesar or Cheese & Garlic

- **Non-Pourable**

- Hellman's**

- Cholesterol Free Mayonnaise
 - Easy Out! Mayonnaise – Light or Real
 - Light Mayonnaise
 - Low Fat, Cholesterol Free Mayonnaise
 - Real Mayonnaise
 - Reduced Calorie Light Mayonnaise
 - Real Canola Oil Mayonnaise

- **Non-Pourable (Cont'd)**

- Kraft**

- Dressing Fat Free, Non Fat
 - Fat Free Mayonnaise Dressing
 - Light Mayonnaise
 - Miracle Whip Dressing
 - Miracle Whip Dressing, Dressing Light, Salad Dressing
 - Miracle Whip Salad Dressing
 - Miracle Whip Squeeze Mayonnaise
 - Real Mayonnaise
 - Squeeze Mayonnaise
 - Super Easy Squeeze Mayonnaise, Hot & Spicy
 - Super Easy Squeeze, Miracle Whip Salad Dressing

- Publix**

- Real Mayonnaise
 - Squeeze Mayonnaise

- **Pourable**

- Athenos**

- Mediterranean Dressing Greek with Feta Cheese

- Brianna**

- French Vinaigrette Salad Dressing

- Cardini**

- Original Caesar Salad Dressing

- Girard**

- Caesar Salad Dressing

- Good Seasons**

- Classic Balsamic Vinaigrette With Extra Virgin Olive Oil
 - Creamy Caesar with Aged Parmesan
 - Italian Vinaigrette with Extra Virgin Olive Oil
 - Sun Dried Tomato Vinaigrette with Roasted Pepper

- Hidden Valley Ranch**

- Organic Ranch Dressing
 - The Original Ranch – Original, Caesar, Fat Free, Light, Old Fashioned Buttermilk, Buttermilk Light, Organic, Spicy Ranch, or Bacon

- **Pourable (Cont'd)**

Hidden Valley Ranch

Topping & Dressing Easy
Squeeze – Ranch or Light Ranch
Sour Cream

Ken's

Steak House Dressing – Balsamic and Basil Vinaigrette, Buttermilk Ranch, Chunky Blue Cheese, Creamy Caesar, Greek with Imported Oil, Italian Marinade, Italian with Aged Romano, Red Wine Vinegar & Olive Oil, Thousand Island, Three Cheese Italian, or Zesty Italian
Steak House Dressing Lite – Caesar, Chunky Blue Cheese, Creamy Caesar, Northern Italian, Olive Oil Vinaigrette, Parmesan Peppercorn, Ranch, or Vinaigrette Balsamic & Basil
Steak House Squeezable Dressing, Topping & Spread
Chunky Blue Cheese

Kraft

Buttermilk Ranch
Italian Caesar
Caesar with Bacon
Creamy Italian
Free – Caesar Italian, Classic Caesar, Ranch, or Zesty Italian
Garlic Ranch
Light Done Right! – House Italian, Reduced Fat Zesty Italian, or Three Cheese Ranch
Parmesan Vinaigrette Caesar Ranch
Ranch Bacon
Reduced Calorie Low Cholesterol Creamy Ranchers Choice
Roka Blue Cheese
South Beach Diet Dressing – Balsamic Vinaigrette with Extra Virgin Oil, Italian with Extra Virgin Oil, or Ranch
Special Collection Roasted Red Pepper Italian with Parmesan
Three Cheese Ranch
Zesty Italian

- **Pourable (Cont'd)**

Newman's Own

Balsamic Vinegar
Caesar
Creamy Caesar
Family Recipe Italian
Italian Lighten Up! Light Sun Dried Tomato
Light Balsamic Vinaigrette
Light Italian
Lighten Up! Low Fat Sesame Ginger
Olive Oil & Vinegar
Organic – King of the Caesars Creamy Caesar, Tuscan Italian, or Vinaigrette Lighten Up! Light Balsamic
Parmesan & Roasted Garlic
Red Wine Vinegar & Olive Oil
Vinaigrette Say Cheese Three Cheese Balsamic

Publix

Buttermilk Ranch
Caesar
Chunky Blue Cheese
Classic Italian
Creamy Parmesan
Fat Free Italian
Lite Caesar
Lite Ranch
Thousand Island
Vinaigrette Tangy Balsamic
Zesty Italian

Seven Seas

Red Wine Vinegar & Oil
Viva Italian

Wishbone

5 Cheese Italian
Balsamic & Basil Vinaigrette with Extra Virgin Olive Oil
Balsamic Italian Vinaigrette
Chunky Blue Cheese
Creamy Caesar
Fat Free! Italian
House Italian
Italian

- **Pourable (Cont'd)**

Wishbone

Just 2 Good! – Blue Cheese, Country Italian, Creamy Caesar, Italian, Low Fat Parmesan Peppercorn Ranch, or Ranch
Olive Oil Vinaigrette
Ranch
Restaurant Style Blue Cheese with Gorgonzola
Thousand Island
Salad Spritzers – Vinaigrette Balsamic Breeze, Vinaigrette Cabernet Red Wine Mist, or Vinaigrette Italian

SNACKS

- **Corn**

Frito Lay

Chili Cheese Flavored Corn Chips
Corn Chips Scoops

General Mills

Original Flavor Bugles

CornNuts

Regular Medium Corn

Publix

King Style Corn Chips

- **Dips**

Don Pablo's

Restaurant Style Salsa Dip – Con Queso, Medium, or Hot

Eatsmart

All Natural Snacks – Salsa Con Queso Flame Roasted, Sweet Salsa Garden Style, or Tres Bean Jalapeño & Lime

Guiltless

Gourmet Black Bean Dip – Mild or Spicy

Mission

Guacamole Dip With Garden Vegetables

Pace

Mild or Medium Salsa

- **Dips (Cont'd)**

- Publix**

- Dips – Black Medium, Cheddar con Queso, or Southwestern Black Bean & Corn

- Thick & Chunky Salsa – Mild, Medium, or Hot

- Wild Garden**

- Hummus Creamy Garbanzo Bean Dip – Traditional, Roasted Garlic, or Sundried Tomato

- Wise**

- French Onion Dip
 - Nacho Cheese Dip

- Zapata**

- Fire Roasted Green Salsa – Mild or Medium

- Fire Roasted Red Salsa – Mild, Medium, or Hot

- **Meat Snacks**

- Golden Flake**

- Cracklin Strips Pork Chicharrones, Mildly Seasoned With Red Pepper

- **Miscellaneous**

- Quaker**

- White Cheddar Quaker Soy Crisps

- **Nuts**

- Beer Nuts Brand**

- Original Peanuts
 - Select Peanuts – Almonds, Pecans, or Hazelnuts & Pistachios
 - Sunflower Kernel
 - Walnut Pieces
 - Walnuts

- Blue Diamond**

- Almonds – Bold Jalapeño Smokehouse, Bold Wasabi & Soy Sauce, Natural Whole, Roast Salt, or Smokehouse

- Mauna Loa**

- Macadamias
 - Macadamias And Cashews

- Planters**

- Almonds – Sliced or Slivered

- **Nuts (Cont'd)**

- Planters**

- Cashews – Halves & Pieces, Halves Lightly Salted, Whole, or Lightly Salted Whole

- Dry Roasted Sunflower Kernel
 - Gonuts Nutrition Almonds Lightly Salted

- Gonuts Nutrition Healthy Hearnix, Lightly Salted

- Mix Cashew Lovers, 50% Cashews with Macadamias And Pecans

- Mix Macadamia Lovers, 50% Macadamias with Almonds and Pecans

- Mix Pecan Lovers, 50% Pecans with Cashews and Pistachios

- Mix Pistachio Lovers, 50% Pistachios with Cashews and Almonds

- Mixed Nuts – Regular, Cashews with Almonds & Peanuts, Deluxe, Deluxe Lightly Salted, Lightly Salted, or Unsalted

- Nutrition Lightly Salted Almonds
 - Nutrition Lightly Salted Cashews, Almonds & Macadamias

- Peanuts – Cocktail, Dry Roasted, Dry Roasted Lightly Salted, Honey Roasted, Lightly Salted, or Redskin Spanish

- Pecans – Chips, Halves, or Pieces
 - Pistachios

- Publix**

- Almonds – Natural Whole, Salted, Slice Slice Baby, or Smoked

- Cashews – Halves & Pieces Lightly Salted, Halves & Pieces Salted, or Whole Salted

- Dry Roasted Peanuts – Lightly Salted, Salted, Salted Honey Roasted, or Unsalted

- Dry Roasted Pistachios

- Macadamia Salted

- Mixed Nuts – Lightly Salted, Salted with 50% Peanuts, Salted with Less than 50% Peanuts, or Salted Contains No Peanuts

- Pecan Halves for Baking & Cooking

- **Nuts (Cont'd)**

- Publix**

- Premium Deluxe Mixed Nuts
 - Premium Salted Cashews
 - Premium Salted Peanuts Virginia
 - Salted Party Peanuts

- Salted Peanuts – Honey Roasted or Party

- Sunflower Seeds Roasted & Salted

- Walnuts Shelled Come Out Of Your Shell

- Roddenbery's**

- Boiled Peanuts

- Tropical Kettle**

- Sea Salt And Cracked Pepper Peanuts

- **Popcorn**

- Cape Cod**

- Premium White Cheddar Cheese

- Jolly Time**

- Healthy Pop 94% Fat Free Pop Popcorn, Butter Flavor

- Blastobutter Ultimate Theatre Style Popcorn

- Microwave Singles Popcorn – Servebags Blast O Butter, Blast O Butter Minis, or Healthy 94% Fat Free

- Newman's Own**

- Natural Microwave Popcorn

- Old Style Picture Show Popcorn, Light Butter Flavor

- Orville Redenbacher's**

- Gourmet Popping Corn – Butter, Kettle Korn, Light Butter, Light Movie Theater Butter, Movie Theater, On The Cob, Pour Over Movie Theater, Sweet 'N Buttery, or Ultimate Butter

- Microwave Gourmet Popping Corn – Butter, Light Butter, Move Theater, Natural, Smart Pop! Kettle, Smart Pop! 94% Fat Free, or Tender White

- Gourmet Popping Corn Mini Bags – Kettle Korn, Movie Theater, Microwave Movie, or Microwave Butter

- **Popcorn (Cont'd)**

- **Orville Redenbacher's**

- Gourmet Popping Corn
 - Shakeables – Real Cheddar or Real Ranch
 - Popping Corn Smartpop Butter

- **Pop Secret**

- Premium Popcorn 100 Calorie Snack Size – Butter or Kettle Corn
 - Premium Popcorn 1-Step Cheddar Cheese
 - Premium Popcorn 94% Fat Free – Butter, Old Fashioned Kettle Corn, or Snack Size
 - Premium Popcorn – Butter, Extra Butter, Homestyle, Jumbo Butter, Light Butter, Movie Theater Butter, Original Butter, or With Extra Butter

- **Wise**

- White Cheddar

- **Potato Chips**

- **Cape Cod**

- Beachside BBQ
 - Old Fashioned Hand-cooked Potato Chips, Jalapeño & Aged Cheddar
 - Old Fashioned Kettle-Cooked Potato Chips – Robust Russet or Wavy Cut

- **Kettle Chips**

- Hand Cooked, Lightly Salted Potato Chips

- **Pringles**

- Cheezums Potato Crisps
 - Cheezums Sour Cream & Onion Potato Crisps
 - Fat Free Potato Crisps – Original, Barbecue, or Sour Cream & Onion
 - Potato Crisps – Original, 4 Flavor, Daytona 500, Jalapeño, Pizzalicious, Ranchrageous, Salt & Vinegar, Sour Cream & Onion, or Sweet Mesquite BBQ
 - Reduced Fat Potato Crisps – Original or Sour Cream & Onion

- **Potato Chips (Cont'd)**

- **Pringles**

- Snack Stacks Potato Crisps – Original, Cheezums, or Sour Cream & Onion

- **Publix**

- Salt & Vinegar Potato Crisps
 - Potato Chips – Original Thins, Barbecue Flavored, Dip Style, or Sour Cream & Onion

- **Wise**

- Potato Chips – All Natural, BBQ Flavor, Honey BBQ Flavored, Lightly Salted, or Onion & Garlic
 - Kettle Cooked Potato Chips – All Natural or Jalapeño Flavored

- **Pretzels**

- **Anderson**

- Peanut Butter Filled

- **Publix**

- Pretzel Sticks – Regular or Big Baked
 - Pretzel Twists – Large or Mini Baked

- **Shultz**

- Salty Stix Ultra Thin Pretzel Sticks
 - Pretzel Factory Balls

- **Snyder's**

- Mini Unsalted Pretzels
 - Old Fashioned Dipping Pretzel Sticks
 - Organic Honey Wheat With Sesame Seed Pretzel Sticks
 - Organic Pretzels – Honey Wheat, Oat Bran, or Pumpernickel & Onion Sticks
 - Pretzel Rods
 - Snaps Butter Pretzels
 - Sourdough Pretzel Pieces – Buttermilk Ranch, Honey Mustard & Onion, Hot Buffalo Wing, or Jalapeño
 - Hard Fat Free Sourdough Pretzel Sandwiches – Cheddar Cheese, Peanut Butter, or Pumpernickel Jalapeño Cheddar
 - Sourdough Nibblers – Garlic Bread or Honey Mustard & Onion

- **Pretzels (Cont'd)**

- **Snyder's**

- Sticks – 12 Multi Grain or Pumpernickel & Onion
 - The Pounder Pretzels All Natural – Fat Free, Fat Free Mini, Snaps, or Sticks
 - The Pounder Low Fat Old Tyme

- **Puffed Cheese**

- **Frito Lay**

- Cheetos Cheese Flavored Snacks – Crunchy, or Crunchy Flamin' Hot

- **Publix**

- Made with Real Cheese Crunchy Cheese Curls or Puffs

- **Robert's**

- American Gourmet Pirate's Booty White Cheddar

- **Wise**

- Cheez Doodles – Crunchy or Puffed

- **Snacks**

- **New York Style**

- Bagel Chips, Everything, Garlic, Plain, Pita Garlic, Sea Salt varieties

- **Tortilla Chips**

- **Don Pablo's**

- 100% White Corn Tortilla Chips – Restaurant Style or Bitesize Rounds

- **Frito Lay**

- Tortilla Chips – Cooler Ranch! or Nacho Cheese

- **Guiltless**

- Gourmet Baked Tortilla Chips – Chili & Lime or Original Blue Corn

- **Mission**

- Restaurant Style Tortilla Chips – Rounds, Strips, or Triangles

- **Publix**

- Restaurant Style Tortilla Chips – Regular or 100% White corn
 - Round Style Tortilla Chips – Yellow or 100% White Corn

- **Tortilla Chips (Cont'd)**

- **Publix GreenWise Market**

- Tortilla Chips – Blue or Yellow Corn

- **Snyder's of Hanover**

- The Pounder Tortilla Chips – Multigrain, Restaurant Style, White Corn, or Yellow Corn

- **Variety Snacks**

- **Tropical Nut**

- Oat Bran Sesame Sticks
 - Fat Free Oriental Mix
 - Samurai Mix
 - Wasabi Peas

SOUP

- **Bouillon**

- **MBT**

- Broth – Beef or Chicken

- **Better Than Bouillon**

- Base Bouillon – Beef or Chicken

- **Goya**

- Bouillon – Beef or Powdered Chicken
 - Concentrate Ham Flavored Bouillon

- **Herb Ox**

- Low Sodium – Beef or Chicken

- **Knorr**

- Vegetable
 - Soup Mix – Beef or Chicken

- **Maggi**

- Instant Bouillon – Beef, Chicken, or Reduced Sodium Chicken
 - Bouillon – Beef, Beef Low Sodium, or Chicken
 - Vegetable

- **Superior Touch**

- Better Than Bouillon Vegetable Base

- **Wylers**

- Instant Bouillon Granules, Beef Flavor
 - Cubes – Beef or Chicken Flavors

- **Broth**

- **Campbell Swanson**

- 99% Fat Free Beef

- **College Inn**

- Low Sodium Chicken

- **Emeril's**

- Emeril's Stock – Beef or Chicken

- **Publix**

- Beef or Chicken

- **Swanson**

- 100% Fat Free Natural Goodness Chicken
 - Beef – Clear, Fat Free Lower Sodium, or Lower Sodium
 - Certified Organic – Beef, Chicken, or Vegetable
 - Chicken – 99% Fat Free, 99% Fat Free Roasted Garlic Seasoned, Clear, or Natural
 - Vegetable

- **Condensed**

- **Campbell's**

- 25% Less Sodium – Chicken Noodle or Cream of Mushroom
 - 98% Fat Free – Broccoli Cheese, Cream of Broccoli, Cream of Celery, Cream of Chicken, or Cream of Mushroom
 - Bean with Bacon
 - Beef – Broth, Consomme, or Vegetables and Barley
 - Cheddar Cheese
 - Chicken – Chicken & Stars, Broth, Gumbo, Noodle, Noodle O's, White & Wild Rice, or Won Ton
 - Cream – Asparagus, Broccoli, Celery, Chicken, Chicken & Mushroom, Chicken with Herbs, Mushroom, Mushroom with Roasted Garlic, Potato, or Shrimp
 - Creamy Chicken Noodle
 - Double Noodle
 - Family Size – Chicken Noodle, Chicken with Rice, Cream of Chicken, or Cream of Mushroom
 - French Onion
 - Golden Mushroom
 - Goldfish in Chicken Broth

- **Condensed (Cont'd)**

- **Campbell's**

- Healthy Request – Chicken Noodle, Chicken with Rice, Cream of Celery, Cream of Chicken, Cream of Mushroom, Homestyle Chicken Noodle, or Minestrone
 - Homestyle Chicken Noodle Kids Shapes
 - Low Sodium – Chicken Broth or Chicken with Noodles
 - Manhattan Clam Chowder
 - Meatball Goldfish
 - Mega Noodle
 - Minestrone
 - New England Clam Chowder
 - Old Fashioned Vegetable with Beef Stock
 - Oyster Soup Stew
 - Souper Shapes
 - Split Pea Soup with Ham & Bacon
 - Vegetable Beef

- **Publix**

- Condensed – Cream of Chicken or Cream of Mushroom
 - Chicken Noodle

- **Dry Soup Mix**

- **Alessi**

- Traditional Spaccarelli Sicilian
 - Split Pea Mix

- **Bear Creek**

- Chicken Noodle
 - Country Kitchens Soup Mix – Chili, Potato, or Vegetable Beef
 - Minestrone Soup Mix

- **Lipton**

- Chicken Noodle with Dices White Chicken Meat
 - Cup A Soup – Cream of Chicken, Hearty Chicken, or Hearty Chicken Noodle with Meat
 - Noodle with Real Chicken Broth
 - Recipe Secrets – Beefy Onion, Extra Noodle, Golden Onion, Onion Mushroom, Savory Herb with Garlic, Onion, or Vegetable

- **Dry Soup Mix (Cont'd)**

- Maruchan**

- Instant Lunch – Beef, Chicken, Ramen Noodles Cheddar Cheese, Roasted Chicken, or Shrimp

- Ramen Chicken

- Ramen Noodle Soup – Beef, Beef with Vegetables, Chicken, Chicken with Vegetables, Creamy Chicken, Oriental, Roast Beef, Roast Chicken, or Shrimp

- Mrs. Grass**

- Chicken Noodle Soup

- Chicken Homestyle

- **Ready-To-Serve**

- Campbell's**

- Chunky – Baked Potato With Cheddar & Bacon Bits, Beef With Country Vegetables, Chicken & Dumplings, Chicken Broccoli Cheese & Potato, Chicken Corn Chowder, Classic Chicken Noodle, Grilled Chicken & Sausage Gumbo, Grilled Chicken With Vegetables & Pasta, Grilled Sirloin Steak With Hearty Vegetables, New England Clam Chowder, Savory Chicken With White & Wild Rice, Savory Pot Roast, Sirloin Burger With Country Vegetables, or Steak & Potato

- Chunky Healthy Request – Chicken Noodle, Grilled Chicken & Sausage, or Old Fashioned Vegetable Beef

- Select Gold Label Soup Creamy Portabello Mushroom

- Select Soup – Beef With Roasted Barley, Chicken With Egg Noodles, Creamy Chicken Alfredo, Herbed Chicken With Roasted Vegetables, Mexican Style Chicken Tortilla, New England Clam Chowder, or Traditional Italian Style Wedding

- Select Soup 98% Fat Free New England Clam Chowder

- Select Soup Healthy Request – Italian Style Wedding, Mexican Style Chicken Tortilla, or Savory Chicken And Long Grain Rice

- **Ready-To-Serve (Cont'd)**

- Campbell's**

- Soup At Hand – Chicken & Stars, Chicken With Mini Noodles, Cream of Broccoli, or Creamy Chicken

- Healthy Choice**

- Soup – Chicken With Rice, Country Vegetable, Old Fashioned Chicken Noodle, or Zesty Gumbo With Chicken Sausage

- Muir Glen**

- Organic – Minestrone, Savory Lentil, or Split Pea

- Progresso**

- 50% Less Sodium – Chicken Gumbo, Chicken Noodle, Garden Vegetable, or Minestrone

- Rich & Hearty – Beef Pot Roast with Country Vegetables, Chicken & Homestyle Noodles, Chicken Pot Pie Style, Creamy Chicken Wild Rice, New England Clam Chowder, Savory Beef Barley Vegetable, Steak & Homestyle Noodles, Steak & Roasted Russet Potatoes, or Steak & Sauteed Mushrooms

- Soup – Beef & Vegetable, Chicken & Wild Rice, Chicken Noodle With Roasted White Meat Chicken, Italian Style Wedding, Lentil, or Minestrone

- Traditional – 99% Fat Free Chicken Noodle, 99% Fat Free New England Clam Chowder, Carb Monitor Chicken Cheese Enchilada, Chickarina Chicken With Meatballs, Chicken & Herb Dumpling, Chicken & Sausage Gumbo, Chicken & Wild Rice, Chicken Noodle With White Meat, Chicken Rice With Vegetables, Hearty Chicken & Rotini, Italian Style Wedding, Manhattan Clam Chowder, Minestrone With Chicken, New England Clam Chowder, Roasted Chicken Rotini, Roasted Garlic Chicken With Vegetables And Penne, Southwestern Style Chicken, Split Pea With Ham, or Turkey Noodle With White Meat

- **Ready-To-Serve (Cont'd)**

- Progresso**

- Vegetable

- Vegetable Classics – 99% Fat Free Lentil, 99% Fat Free Minestrone, Creamy Mushroom, French Onion, Garden Vegetable, Green Split Pea With Bacon, Lentil, Macaroni & Bean, Minestrone Authentic Recipe, or Vegetable

- Publix**

- Chunky – Beef, Chicken & Dumplings, Chicken Noodle, Chowder Chicken Corn, Chowder Clam New England Style, or Sirloin Burger

- Minestrone

- Wolfgang Puck's**

- Organic – Creamy Broccoli, Creamy Mushroom, or Split Pea

SPREADS AND SYRUP

- **Cones**

- Keebler**

- Waffle Bowl

- Sugar, Vanilla, or Waffle Cones

- Fudge Dipped Cups

- Publix**

- Ice Cream – Cake Cones, Jumbo Cake, or Sugar

- **Dessert Topping**

- Publix**

- Maraschino Cherries Topping

- Smucker's**

- Sugar Free Caramel Flavored

- Sugar Free Hot Fudge

- **Jams and Jellies**

- Smucker's**

- Sugar Free Light Jam – Concord

- Grape or Seedless Blackberry

- Sugar Free Light Orange

- Marmalade

- Sugar Free Light Preserves

- Apricot, Red Raspberry, or Strawberry

- **Peanut Butter**

- Jif**

- Regular, Creamy, Crunchy, Extra Crunchy, Reduced Fat, or Simply Creamy Low Salt

- Peter Pan**

- Creamy or Crunchy

- Publix**

- Creamy or Crunchy
 - Old Fashioned Peanut Butter – Creamy or Crunchy
 - Reduced Fat Spread Peanut Butter – Creamy or Crunchy

- Reese's**

- Creamy

- Skippy**

- Reduced Fat Creamy or Natural Creamy

- Smucker's**

- Chunky, Creamy, Creamy & Honey, Natural Chunky, or Naturally Smooth