

Your emergency supplies checklist.

Review the list below to see what you already have and what your family will need during the two weeks following a storm. Then take this list with you when you shop—all of the items with asterisks are available at your neighborhood Publix.

Baby Care

- Baby bottles and pacifiers*
- Baby diapers and wipes*
- Baby food and formula*
- Blanket and toys

Cleaning Supplies

- Bleach (without lemon or any additives)*
- Bucket, laundry detergent, mops, sponges, and rags*
- Garbage bags/ties*
- Paper towels*
- Sealable bucket
- Squeegees with long handles

Clothing/Bedding

- Bedding, for comfort on the road
- Extra clothing
- Hat and jackets
- Rain gear
- Sturdy shoes

Communication

- Air horn
- Batteries for radio/TV*
- Batteries for weather alert radio*
- Battery-operated radio/TV
- Car charger*
- Cell phone
- Cell phone battery (extra)
- Cell phone charger
- Landline phone with a long cord
- Distress flag
- Rabbit ears/TV antenna
- Spray paint
- Tablet or laptop and charger
- Weather alert radio*
- Whistle

Cooking Supplies

- Aluminum foil, plastic wrap, and large freezer bags*
- Charcoal and lighter fluid*
- Disposable cups, plates, and utensils*
- Portable grill*

Documents and Keys

- Cash and coins
- Credit cards
- House and car keys (extra)
- Insurance papers
- Personal identification

Equipment and Tools

- Alarm clock*
- Artificial ice blocks*
- Batteries for alarm clock*
- Batteries for drill
- Batteries for smoke detectors*
- Battery-operated drill with bits
- Cat Litter
- Chainsaw, handsaw, pry bar, ax, and shovel
- Compass
- Digital camera
- Duct tape*
- Entertainment items: cards, games, books, and toys for kids*
- Extension and heavy-duty 3-pronged cords
- Fire extinguisher (small canister, ABC-type)
- Food storage containers*
- Gas and gas can
- Generator
- Ice chest/ice*

- Liquid detergent*
- Manual can opener*
- Paper, pen, and pencils*
- Pest control*
- Portable air conditioner
- Propane tank, full*
- Refrigerator thermometer*
- Rope
- Scissors*
- Small cooking stove and canned heat (outdoor use only)
- Smoke detectors for each floor
- Tarps and 2x4 lumber
- Tools (wrench, hammer, nails, and pliers)
- Utility knife*
- Water purification tablets in plastic bag
- Water storage containers
- Work gloves*

First Aid

- First aid essentials kit (for home and auto)*
If you have most of the supplies listed below, it may be easier for you to put together your own first aid kit.
- Alcohol cleansing pads*
- Antibacterial ointment*
- Antiseptic cleansing wipes*
- Aspirin and nonaspirin pain relievers*
- Burn relief pack
- Butterfly wound closures
- Cotton-tipped applicator*
- Elbow and knee plastic bandages*
- Emergency blanket
- Fabric bandages*
- Finger splint*
- Fingertip fabric bandage*
- First aid tape*
- Gauze and dressing pads, various sizes*
- Ibuprofen*
- Instant cold compress*
- Itch-relief cream*
- Knuckle fabric bandage*
- Latex-free exam quality vinyl gloves*
- Patch bandages*
- Plastic bandages*
- Spot adhesive bandages*
- Sterile eye pad
- Thermometer*
- Trauma pad
- Tweezers*

Lighting

- Batteries for flashlight*
- Batteries for lantern*
- Battery-powered lantern*
- Candles (if no children or pets in the home)*
- Flashlight*
- Lamp and lamp oil
- Utility lighter*
- Waterproof matches, or matches in a waterproof container

Medications

- Antacid*
- Anti-diarrhea medication*
- Inhalers
- Insulin
- Medical support equipment (wheelchairs, extra battery if motorized, walkers, canes, dressings, oxygen and tubes, feeding equipment)
- Prescription drugs and copy of prescriptions
- Vitamins*

Personal Hygiene

- Alcohol-based hand sanitizer*
- Antibacterial soap*
- Batteries for hearing aid (extra)*
- Body wipes*
- Contact lens solution*
- Contact lenses (extra)
- CPR breathing barrier
- Denture supplies*
- Deodorant*
- Disinfectant spray*
- Disposable razor and shaving cream*
- Disposable washcloths and towels
- Eye drops*
- Eyeglasses (extra)
- Hearing aid (extra)
- Incontinence supplies*
- Insect repellent*
- Lip balm*
- Menstrual products*
- Mirror*
- Moist towelettes*
- Plastic sheet to line bathtub or large container
- Safety pins*
- Sewing kit*
- Sunglasses*
- Toilet paper*
- Toothbrush, toothpaste, or toothbrushing pads*

Pet Care

- Blanket
- Bottled water (1 gallon per pet/per day)*
- Cage or pet carrier with bedding (label for identification)*
- Cat litter and box*
- Grooming supplies*
- Leash, harness, collar, and tag*
- Medications
- Muzzle
- Pet dishes*
- Pet food*
- Trash bags (small)*
- Toys*
- Vaccination records

Transportation

- Batteries for flashlight*
- Engine oil (extra)*
- Flares
- Flashlight*
- Full tank of gas
- Jumper cables, tire pump, and jack
- State/regional paper road maps
- Tire patch kit
- Toolkit (screwdriver, pliers, etc.)

